



Dear Friends,

**Welcome to the Holistic Child Health Newsletter.**

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

***Lawrence B. Palevsky, MD***

## STAY CONNECTED WITH DR PALEVSKY



### Stay Connected With Us!

#### **IMPORTANT MESSAGE FROM DR PALEVSKY: PLEASE READ**

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed (with links) below. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.

Please Sign Up for these Platforms Now and Find Dr Palevsky Here:

**WEBSITE:**

[www.drpalevsky.com](http://www.drpalevsky.com)

**MAILING LIST:**

<https://bit.ly/2YIEZG1>

**TELEGRAM:**

<https://t.me/drpalevsky>

**FACEBOOK (heavily censored)**

<https://www.facebook.com/Lawrence-B-Palevsky-MD-110703415650945>

**INSTAGRAM:**

<https://www.instagram.com/dr.palevsky/>

**BITCHUTE:**

<https://www.bitchute.com/channel/pAAqDKYEvBbF/>

**ODYSEE:**

<https://odysee.com/@DrLawrencePalevsky:f>

**MINDS:**

<https://www.minds.com/drpalevsky/>

**MEWE:**

<https://mewe.com/i/drlawrencebpalevsky>

**CRITICALLY THINKING on ODYSEE:**

<https://odysee.com/@CriticallyThinking:3>

RECOMMENDED BY DR PALEVSKY

**PRIME**  **BODY.**



**Let me introduce you to **Prime My Body**....**

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

**PLEASE DOUBLE CLICK ON THE IMAGE BELOW TO WATCH  
THIS VIDEO MESSAGE FROM DR PALEVSKY**



I specifically recommend the **CALM** Formula, which contains both CBD and CBG, for children as a solution to support the body during these traumatic times and naturally restore their bodies to a state of homeostasis. It can be taken in the morning before school or daily activities and/or at night before bedtime to help with sleep.

- Helps quiet restless, racing brain activity
- Suppresses sleep-inhibiting hormone messaging
- Supports mind & body homeostasis
- Supports composed and balanced well-being
- Promotes the activation of natural melatonin release
- Helps to regulate and balance mood

Some children do better with more CBG and in that case I would recommend the **FOCUS** Formula, which has a higher concentration of CBG along with other terpenes. Many children who have a hard time concentrating would benefit from a dose of FOCUS before school or morning activities. CBG serves as the pre-cursor or mother phytocannabinoid to many others, including CBD and THC.

Because industrial hemp plants are known to produce only trace amounts of CBG, sophisticated measures are taken to only extract CBG for its use in FOCUS.

Having a direct effect on the endocannabinoid system and cannabinoid receptors, CBG provides a wealth of benefits that support preventative, chronic, and acute care. A major finding of CBG is its neuro-protective and neuro-regenerative traits. It is also a valuable resource for gut health!

- Completes the entourage effect
- Contains anti-bacterial properties
- Promotes neuro-regeneration/protection
- Supports bone health
- Improves mood & gut health
- Supports rest & sleep
- Promotes Natural Analgesic (discomfort relief)

Other children do better with only CBG and for those children I would recommend the **SHIELD** product which only has CBG along with other powerful immune boosting botanicals. SHIELD's 18 carefully curated botanical ingredients + CBG provide a wide-range of immune-supportive benefits that help to protect you. The MCT oil base (unlike the other two formulas) targets the gut and digestive tract so that the body absorbs it differently than the other products that enter directly into the blood stream with their nano-particle size. The elderberry taste is also well received by children or easily added to juice.

- Supports and stimulates optimal immune function
- Minimizes stress that impairs immune health and its response system
- Promotes white cell production
- Supports faster recovery during declined health
- Helps balance endocannabinoid system function

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. As I mentioned in my video, this is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

You can learn more about these hemp related products by going to [drpalevsky.primemybody.com](http://drpalevsky.primemybody.com)

**Give them a try and please share with us your family testimonials! We want to hear how they work for you so we can begin to document the**

**results.**

*Note: Currently only available in US, Mexico, Japan and South Africa*

## DR PALEVSKY SPEAKS



### **Want to Watch & Listen to Dr Palevsky's Interviews & Podcasts?**

**Scroll down this newsletter for some of the newest ones.....  
You can watch all of Dr Palevsky's video interviews on either  
of these platforms:**

#### **ODYSEE:**

<https://odysee.com/@DrLawrencePalevsky:f>

#### **BITCHUTE:**

<https://www.bitchute.com/channel/pAAqDKYEvBbF/>

#### **To Find Podcasts (Audio Only):**

<https://bit.ly/2Rbwj3Q>



**Never Miss a Critically Thinking with Dr T & Dr P Episode.**

**Click Below to catch up with the latest one now!**

<https://bit.ly/3thvhjQ>

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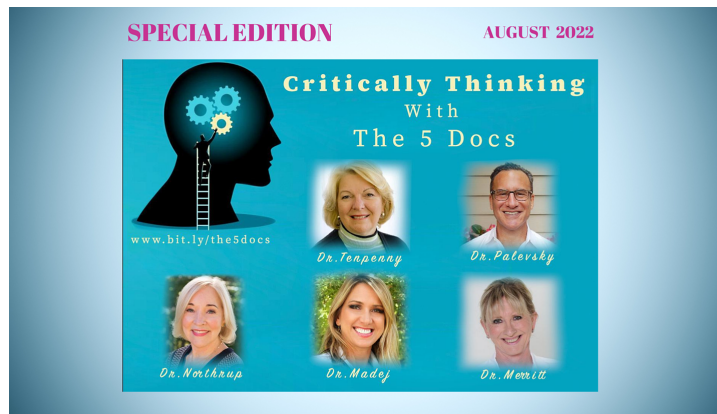
**Protect the Innocent - An Interview with Dr Palevsky**

Dr Palevsky speaks to Elizabeth from Refuge of Sinners on their Politics Science & Faith Show. This is a powerful one!

<https://bit.ly/3PZ1GH8>

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## The Five Docs Monthly Update - August 2022

Get the 5 Docs insight into what has been happening over the last few weeks...this is an episode you don't want to miss....eye-opening and as always, profoundly informative.

Dr Larry Palevsky

Dr Sherri Tenpenny

Dr Carrie Madej

Dr Christiane Northrup

Dr Lee Merritt

<https://bit.ly/3PWR3Ev>

**COVID PUSHBACK**



**Health Care Workers Denied COVID Vaccine Religious Exemptions Will Be Paid \$10.3 Million**

<https://thevaccinereaction.org/2022/08/health-care-workers-denied-covid-vaccine-religious-exemptions-will-be-paid-10-3-million/>

**Too Little, Too Late: Disband the CDC Now**

<https://nypost.com/2022/08/14/too-little-too-late-disband-the-cdc-now/>

## COVID-19 VACCINE



**Compulsory Vaccination of U.S. Armed Forces Remains Controversial**

<https://thevaccinereaction.org/2022/08/compulsory-vaccination-of-u-s-armed-forces-remains-controversial/>

**A Gratitude Script for the COVID Vaccinated But Infected**

<https://thevaccinereaction.org/2022/08/a-gratitude-script-for-the-covid-vaccinated-but-infected/>

**Herpes Zoster Reactivated Following mRNA COVID Shots, Studies Show**

<https://thevaccinereaction.org/2022/08/herpes-zoster-reactivated-following-mrna-covid-shots-studies-show/>

**Death in South Africa Causally Linked to Johnson & Johnson COVID Vaccine**

<https://thevaccinereaction.org/2022/08/death-in-south-africa-causally-linked-to-johnson-johnson-covid-vaccine/>

## IN OTHER NEWS....



DID YOU  
KNOW?

**Research Linked to Leading Cause of Alzheimer's Disease May Have Been Fabricated**

<https://thevaccinereaction.org/2022/08/research-linked-to-leading-cause-of-alzheimers-disease-may-have-been-fabricated/>

**Chemical Imbalance Not a Major Cause of Depression, Studies Find**

<https://thevaccinereaction.org/2022/08/chemical-imbalance-not-major-cause-of-depression-antidepressants-rarely-work-studies-find/>

**FDA Reports Systemic Health Problems in Women With Breast Implants**

<https://thevaccinereaction.org/2022/08/fda-reports-systemic-health-problems-in-women-with-breast-implants/>

## UPCOMING EVENTS



## Grab Your Tickets Now for This Year's Global Health Freedom Summit!

**Saturday October 1st 2022 9am-6pm  
in Alexandria, MN**

The event's featured speakers this year are Dr Larry Palevsky, Dr. Peter McCullough, Del Bigtree, Dr. Sherri Tenpenny, Dr. Scott Jensen, Dr. Bob Zajac, Dr. Joel Bohemier, and KrisAnne Hall!

Global Health Freedom Summit's goal is to give uncensored updates from names you trust while discovering new and important front-line voices. They strive to offer only the best in the movement that will stand and deliver truth!

At this event you will gain more knowledge surrounding our current world issues and become an advocate for you, your family and your communities!

**Check out all the Summit Details Here:**

**[www.wellnessmyway.org](http://www.wellnessmyway.org)**

**Click the Link below to purchase your tickets:**

**\*PLEASE NOTE \* For a special discount of \$5 off of ticket entry or the live stream feed, please use the Promo Code PALEVSKY when purchasing your tickets:**

**<https://globalhealthfreedom.ticketspice.com/global-health-freedom-summit>**



**Wise Traditions:  
The Conference That Nourishes You in Every Way**

Knoxville, TN

October 21–23, 2022

Learn More:

<https://www.wisetraditions.org/>

Learn Healing Wisdom

Enjoy Nutritious Food

Meet Friends

Be Inspired

The best way to follow the science is to follow the silenced. Social media, and media in general, has attempted to silence many of the speakers that will present at our conference, however we won't be silenced!

### **Speakers Include:**

Catherine Austin Fitts, Tommy John, Dr. Kelly Brogan, Dr. Tom Cowan, Dr. Natasha Campbell-McBride, Dr. Larry Palevsky, Dr. Bill Schindler, Dr. Andrew Kaufman, Mary Holland, Dr. Leland Stillman and Sally Fallon Morell. See the entire list:

<https://www.wisetraditions.org/speakers>

### **Learn About:**

Mental Health, Children's Health, Broth, Organ Meats, Fermentation, Homesteading, Animal and Soil Health, Adrenals, Iron, Mercury, Sulfur, Vaccines, Health Freedom and 5G.

See the schedule: <https://www.wisetraditions.org/schedule-2022>

### **Reasonable Rates:**

Until Sept. 10 Daily \$120; 3 Days \$440

Saturday Traditional Diets Seminar with Lunch \$75

Exhibit Hall and Friday Night Film is Free and open to the public.  
Continuing education for nurses, NANP nutritionists and acupuncturists

### **REGISTER:**

[https://secure.westonaprice.org/cvweb\\_weston/cgi-bin/eventsdll.dll/EventInfo?sessionaltcd=WT2022](https://secure.westonaprice.org/cvweb_weston/cgi-bin/eventsdll.dll/EventInfo?sessionaltcd=WT2022)

If you aren't able to attend in person, purchase the recordings at a discount before October 23: <https://www.wisetraditions.org/recordings>

As Forrest Maready says "Tribes will soon become necessary for those who want to preserve a way of life that runs counter to the world. Start finding your people now."

## **ABOUT DR PALEVSKY**

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, NYC, from 1990-1991. Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-

patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.



Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association. He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm. Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.

For more information, or to contact Dr. Palevsky go to: [www.drpalevsky.com](http://www.drpalevsky.com)

**[PLEASE CLICK HERE TO JOIN](#)**  
**DR PALEVSKY'S HOLISTIC CHILD HEALTH**  
**MAILING LIST**

HCH will never share your information with any third parties.

Thank You for subscribing to the  
Holistic Child Health Newsletter.

If you would like to contact us, please feel free to do so.  
We are happy to hear from you.

Lawrence B. Palevsky, M.D., ABIHM  
For Appointments: Long Island and Manhattan  
(631) 262 8505  
For all other Inquiries: [info@drpalevsky.com](mailto:info@drpalevsky.com)

[www.drpalevsky.com](http://www.drpalevsky.com)

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Northport Wellness Center, 220 Fort Salonga Rd (25A), Northport, NY 11768, USA, 631.262.8505

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