LAWRENCE B. PALEVSKY MD

HEALING THE WHOLE CHILD. NATURALLY.

OCTOBER 2026







## WELCOME TO THE HOLISTIC CHILD HEALTH

# NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

***Lawrence B. Palevsky, MD***

# STAY CONNECTED

**In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.**

**Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!**

**On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.**

**It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.**



**WEBSITE:**
www.drpalevsky.com

**TELEGRAM:**
https://t.me/drpalevsky

**FACEBOOK:**
https://tinyurl.com/mwvrkjt9

**INSTAGRAM:**
https://tinyurl.com/48v8snkr/

**BITCHUTE:**
https://tinyurl.com/3epcmtr6

**ODYSEE:**
https://tinyurl.com/u5b76b8x

**MINDS:**
https://tinyurl.com/mwsh3v8

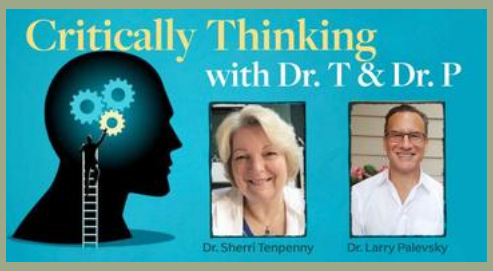
**MEWE:**
https://tinyurl.com/mwym7kaw

**CRITICALLY THINKING on ODYSEE:**
https://tinyurl.com/bdexnm6a

# DR PALEVSKY'S INTERVIEWS

## Catch Dr Palevsky's latest interviews!






### Critically Thinking with Dr T and Dr P

**Never Miss a Critically Thinking with Dr T & Dr P Episode. Click Below to catch up with the latest one now!**

https://bit.ly/3thvhjQ




### Dr Palevsky on the Dr Ben Tapper Podcast

Dr. Ben Tapper discusses vaccine ingredients, nanoparticle technology, and the impact of vaccines on neurological health with Dr. Lawrence Palevsky. They explore the science, safety concerns, and future of healthcare in a critical and thought-provoking conversation.

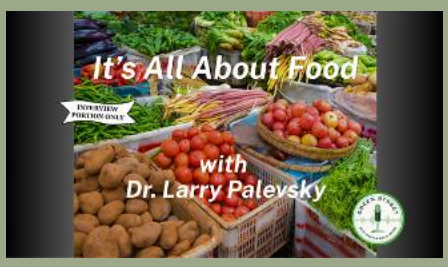
https://tinyurl.com/4jdwbewk




### How Vital is Your Vitalism with Dr. Lawrence Palevsky

Vitalism isn't just something we talk about. It shapes how we understand the body, health, and the people we serve. In this episode, Dr. Lawrence Palevsky joins Table Talk on the Subluxation Squad Podcast, for a conversation about vitalism, the body's innate intelligence, and what it means to trust the body's ability to adapt, heal, and express life from the inside out. This one is for the chiropractors - The conversation covers the difference between fixing a patient and addressing maintaining cause, the role of presence and trust in healing, and what an unsubluxated chiropractic profession could look like. It gives chiropractors a window into how vitalistic principles can resonate even within conventional medicine.

https://tinyurl.com/429n8n5b




### It's All About Food - Green Street Radio

Pediatrician Dr. Larry Palevsky joins Patti and Doug Wood on Green Street Radio for the episode - It's All About Food. He talks about the new food pyramid, and how consumers need to know more about how their food is grown (or manufactured) and what's actually in it. Interview starts at minute 8:20.

https://tinyurl.com/4ppzjryz

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:
https://tinyurl.com/u5b76b8x

BITCHUTE:
https://tinyurl.com/3epcmtr6

To Find Podcasts (Audio Only):
https://tinyurl.com/ycy4y397

# ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

## EXPOSING EMFS

**Secretary Kennedy Asked for the Evidence on EMF. Here Are 1,009 Studies.**
https://tinyurl.com/3y7ekvvx

## QUESTIONNING COVID-19

**Florida AG Sues Pfizer and CEO, Alleging COVID Shot Safety Risks Were Concealed**
https://tinyurl.com/2pka246d

**The Covid Reckoning That Never Came**
https://thevaccinereaction.org/2026/10/the-covid-reckoning-that-never-came/

**Really, there are no words left. This is beyond belief.**
https://x.com/jeffreytucker/status/2109704910342402232

**Government Investigation Examines Potential Link Between COVID Shots and Troop Deaths**
https://tinyurl.com/ycxpjcsd

## ARTICLES FEATURING DR PALEVSKY

**Stunningly Irresponsible': Hospitals Push Parents to Vaccinate Kids While They're Knocked Out for Surgery**
https://tinyurl.com/mrxpxk6h

**NIH Will Run Vaccine Injury Research and Treatment Center, Pay Doctors to Report Vaccine Injuries**
https://tinyurl.com/4aj6awzh



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Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

## VACCINE VIEW

**The Treatment of Unvaccinated Patients**
https://x.com/ChildrensHD/status/2113232339241144670?s=10

**As Families Seek Alternatives to Vaccine Schedules, Some Pediatricians Stop Accepting Unvaccinated Children**
https://tinyurl.com/4xr28mx4

**NIH to Launch Research Center on Vaccine Injuries**
https://thevaccinereaction.org/2026/10/nih-to-launch-research-center-on-vaccine-injuries/

**Over $80M BARDA Prize to Create New H5N1 Vaccines to Prepare for "Future" Bird Flu Pandemic**
https://tinyurl.com/56s77ye2

**GSK Settles Historic False Ad Lawsuit Over Tdap Vaccine**
https://icandecide.org/press-release/gsk-false-advertising-lawsuit-tdap-pertussis-vaccine-settlement/

**'The Whole Propaganda Just Stinks': HPV Vaccine Doesn't Prevent Cancer, Scientist Says**
https://tinyurl.com/yc79b3fw

**Splitting Up the Combination Vaccines**
https://thevaccinereaction.org/2026/10/splitting-up-the-combination-vaccines/

**Public Confidence in Measles Vaccine Falls in U.S.**
https://tinyurl.com/mtr8uh3w

**Vaccinated People Spread Measles. The CDC, the WHO, and Johns Hopkins Just Said So on the Record**
https://tinyurl.com/2v39fbzm

**Former WHO Director Breaks Her Silence on Vaccine Injury**
https://tinyurl.com/yc35at3n

**The Herd Immunity Fallacy**
https://thevaccinereaction.org/2026/09/the-herd-immunity-fallacy/

**The Unvaccinated: From Presentation to Paperback**
https://tinyurl.com/3yspkty4

**Amish Threaten to Leave New York as Vaccine Mandate Case Heads to Supreme Court**
https://tinyurl.com/mr3tmskd

**FDA's Botched Review of Moderna's Flu mRNA Vaccine**
https://tinyurl.com/mr34khv5

**Measles Transmission by Vaccinated People Documented in Medical Literature**
https://tinyurl.com/3bkx6v3p

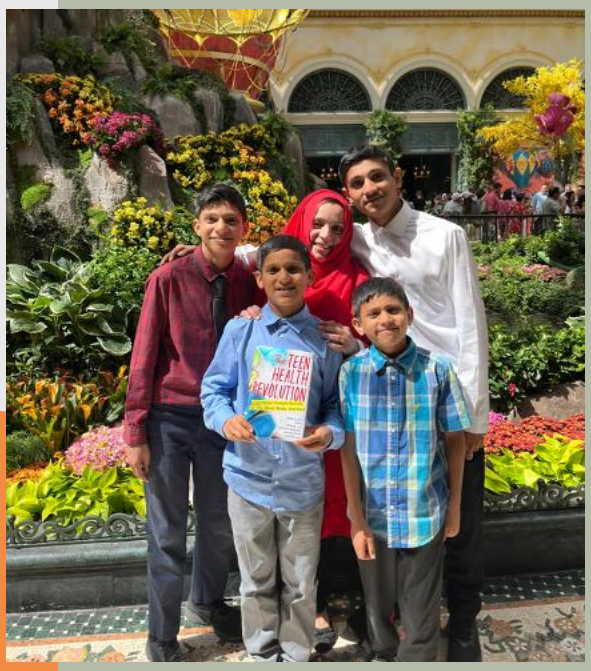
# RECOMMENDED BY DR PALEVSKY

## THE TEEN HEALTH REVOLUTION BOOK

What happens when four brothers + their physician mom team up to change teen health? A movement is born.

The Teen Health Revolution is a must read for teens, parents, and educators. Our youngest generation is facing struggles that we never had to overcome at their age. Anxiety, exhaustion, poor sleep, chronic health struggles, and stress overload are seen as completely normal issues instead of serious problems. But here's what's often overlooked: teens are not powerless. In fact, they hold the keys to transforming their health, building resilience, and creating a ripple effect of positive change for generations to come.



**The Teen Health Revolution: Unlocking Lifestyle Secrets for the Mind, Body, and Soul** is a groundbreaking new book written for teens by teens. This practical guide was written by Abdullah, Zain, Emaad, and Qasim Ansari, along with their mother, Dr. Madiha Saeed.

Inside, readers will discover:

- How nutrition and gut health affect mood, energy, and focus
- Simple strategies to manage stress, bullying, and tech overload
- Why sleep, gratitude, and nature are essential for teen well-being
- Practical tools to tackle 20+ common teen health struggles such as acne, anxiety, brain fog, and more ...

This book is more than just information...it's a movement. Teens are given the power to take charge of their health and happiness in real, doable ways. Order a copy for a teenager in your life here: Here's to raising a healthier, happier generation!

BUY IT HERE

# RECOMMENDED BY DR PALEVSKY

## INTRODUCING KRIS ORGANICS

kris ORGANICS



**Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.**



**Transparent. Simple. Pure. Organic Skincare**
**100 % organically handcrafted in small batches.**
**No preservatives. All ingredients are fully listed.**
**Nothing hidden - ever!**



**Skincare is the dirtiest industry in the United States. Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!**

**GET 10% DISCOUNT ON EVERYTHING WITH DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**




**Check out the Kris Organics website for all their gorgeous products NOW!**



**CLICK HERE**

www.drpalevsky.com

# RECOMMENDED BY DR PALEVSKY







## PRIME MY BODY

**As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.**

**I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Forumla.**

**I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.**

**Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.**

*Note: Currently only available in US, Mexico, Japan and South Africa*

PRIME my BODY




**You can learn more about these hemp related products by going to drpalevsky.primemybody.com**

CLICK HERE

www.drpalevsky.com

# ABOUT DR PALEVSKY



Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past–President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.

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# THANK YOU FOR SUBSCRIBING!

**If you would like to contact us, please feel free to do so. We are happy to hear from you.**

**Lawrence B. Palevsky, M.D.**
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www.drpalevsky.com



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