



WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

Lawrence B. Palevsky, MD

STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



WEBSITE:
www.drpalevsky.com



TELEGRAM:
<https://t.me/drpalevsky>



FACEBOOK:
<https://tinyurl.com/mwvrkjt9>



INSTAGRAM:
<https://tinyurl.com/48v8snkr/>



BITCHUTE:
<https://tinyurl.com/3epcmtr6>



ODYSEE:
<https://tinyurl.com/u5b76b8x>



MINDS:
<https://tinyurl.com/mwsh3v8>



MEWE:
<https://tinyurl.com/mwym7kaw>

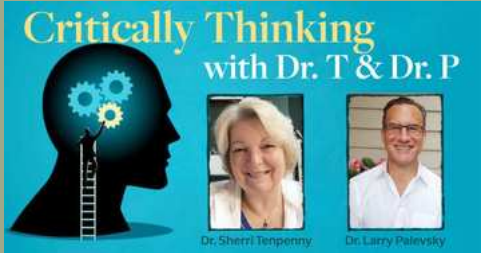


CRITICALLY THINKING on ODYSEE:
<https://tinyurl.com/bdexnm6a>

DR PALEVSKY'S INTERVIEWS



Catch Dr Palevsky's latest interviews!



Critically Thinking with Dr T & Dr P

Never Miss a Critically Thinking with Dr T & Dr P Episode. Click Below to catch up with the latest one now!

<https://bit.ly/3thvhjQ>



Holistic Approaches for Treating Childhood Illnesses

So many tried & true methods for healing our children have been lost or forgotten as parents have been coerced into solely relying on a health care system that's dominated by the pharmaceutical industry. In this powerful episode, renowned pediatrician Larry Palevsky, MD shares natural, and practical ways to support children's health as well as proven methods for helping children recover from illnesses like whooping cough and measles.

<https://tinyurl.com/536mf3a9>



Raising Healthy Children with Dr Lawrence Palevsky

In this episode of the Conscious Fertility Podcast with Lorne Brown, Dr. Lawrence Palevsky explores what it truly means to raise emotionally, spiritually, & physically healthy children. Drawing from over 30 years of experience, he discusses how children reflect the internal state of their caregivers & why conscious parenting starts with self-awareness and healing. Dr. Palevsky unpacks the root causes of common childhood challenges, including ADHD, & emphasizes the power of presence, modeling, and nervous system regulation.

<https://tinyurl.com/mrahp6ju>



The Five Docs Monthly Update September 2025

Listen in to the Docs and enjoy our monthly 'no holds barred' call with these amazing doctors as they share their personal and professional opinions about current events.

<https://tinyurl.com/48t4ckpa>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:
<https://tinyurl.com/u5b76b8x>

BITCHUTE:
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):
<https://tinyurl.com/ycy4v3q7>

DR PALEVSKY'S INTERVIEWS

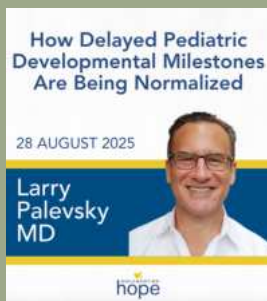
Catch Dr Palevsky's latest interviews!



Tips for Raising Happy Healthy Children - Dr Palevsky on CHDTV's Pediatric Perspectives

The world is drastically different than it was, just a few years ago, which means that human development might not look exactly the same as it once did. What your grandparents ate, the air they breathed, the care and education they received is nothing like what we have access to today. Protecting the health of future generations, in such a toxic world, is more important than ever before. On this episode of "Pediatric Perspectives", join Larry Palevsky, M.D. and Paul Thomas, M.D. (retired) as they take parents on a journey through the life of a child — providing tips and common sense practices along the way.

<https://tinyurl.com/3f5x36c>



How Delayed Pediatric Developmental Milestones Are Being Normalized

Recent changes by the CDC and American Academy of Pediatrics have shifted the definition of what is considered "normal" for developmental milestones to later ages (e.g., sitting at 9 months instead of 6, walking at 18 months instead of 12). This redefines typical development based on current delays rather than historical norms, effectively "lowering the bar" and potentially masking underlying health and developmental issues in children.

<https://tinyurl.com/ybp3q7vs>



Pediatricians Bullying Parents to Vaccinate

Parents are being bullied by their pediatricians to vaccinate their children. Pediatrician Larry Palevsky, M.D. joins the show to give parents insight and knowledge of the dangers of vaccines and the motivations of doctors to vaccinate your kids.

<https://tinyurl.com/3qbtwzu>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:
<https://tinyurl.com/u5b76b8x>

BITCHUTE:
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):
<https://tinyurl.com/ycy4v3q7>

ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

QUESTIONING COVID-19

Louisiana Surgeon General Says COVID Shot is Dangerous, Tells Bill Cassidy to Stay in His Lane

<https://tinyurl.com/vx2z2k8x>

COVID-19 Boosters Linked to More Illness and Absenteeism in Health Care Workers

<https://tinyurl.com/zbzkvzjk>

Government Agencies Ordered to Erase All Federal Employee COVID Vaccination Records

<https://tinyurl.com/3984x8hj>

DID YOU KNOW?

Google Confesses to Biden-Era Censorship — Our Lawsuit Seeks Justice for All Americans

<https://tinyurl.com/2ae6wje6>

Half of Students Might be Educated Outside Public Schools by 2030, Report Says

<https://readlion.com/shocking-half-of-students-might-be-educated-outside-public-schools-by-2030-report-says/>

“This Was a Turning Point”: RFK Jr. Stares Down Pharma’s Senators — and Demands Real Science & Accountability

<https://tinyurl.com/3rjakz4s>

The American Academy of Pediatrics: Mining Children for Profit

<https://thevaccinereaction.org/2025/08/the-american-academy-of-pediatrics-mining-children-for-profit/>

USA - your babies are dying

<https://threadreaderapp.com/thread/1960832350243447075.html>

ARTICLES OF INTEREST



VACCINE VIEW

California, Oregon and Washington Governors Form New “Health Alliance” to Challenge CDC’s New Vaccine Use Recommendations

<https://thevaccinereaction.org/2025/09/california-oregon-and-washington-governors-form-new-health-alliance-to-challenge-cdcs-new-vaccine-use-recommendations/>

AAP and CDC Disagree on Vaccine Use Recommendations

<https://thevaccinereaction.org/2025/09/aap-and-cdc-disagree-on-vaccine-use-recommendations/>

CDC Sued for Untested Childhood Vaccine Schedule

<https://thevaccinereaction.org/2025/09/cdc-sued-for-untested-childhood-vaccine-schedule/>

It's Time To Repeal & Prohibit Vaccine Mandates

<https://tinyurl.com/42neb64d>

Authors of ‘Astonishing’ Study Showing Unvaccinated Kids Are Healthier Refused to Go Public With Results

<https://tinyurl.com/3e4pm3b5>

Inside mRNA Vaccines

<https://thevaccinereaction.org/2025/08/inside-mrna-vaccines/>

A Historic Signal: President Trump Breaks the Silence on Vaccine Toxicity

<https://sayerji.substack.com/p/a-historic-signal-president-trump>

Some States Take Action to Separate Access to Vaccines from Federal Recommendations

<https://tinyurl.com/2r42m2m6>

FL Surgeon General, Joseph Ladapo, MD, announces an effort to ban ALL Vaccine Mandates in the state of Florida.

<https://x.com/highwiretalk/status/1963277530846343332?s=10>

DHHS Cancels \$500 Million in Funding for mRNA Vaccine Development

<https://tinyurl.com/zfsfm334>

Offit Out at FDA Vaccine Advisory Committee After HHS Rebuff

<https://www.biospace.com/fda/offit-out-at-fda-vaccine-advisory-committee-after-hhs-rebuff>

Vaccines Can Cause Injury and Death. Scientific Fact, Not Disinformation.

<https://tinyurl.com/yswyd3hr>

RECOMMENDED BY DR PALEVSKY

INTRODUCING KRIS ORGANICS

Kris
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

Transparent. Simple. Pure. Organic Skincare
100 % organically handcrafted in small batches.
No preservatives. All ingredients are fully listed.
Nothing hidden - ever!



Skincare is the dirtiest industry in the United States. Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!

**GET 10% DISCOUNT ON EVERYTHING WITH
DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**



Check out the
Kris Organics website
for all their gorgeous
products NOW!

[CLICK HERE](#)



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RECOMMENDED BY DR PALEVSKY

PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Formula.

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

Note: Currently only available in US, Mexico, Japan and South Africa

PRIME *my* **BODY.**

You can learn more about these hemp related products by going to drpalevsky.primemybody.com

[CLICK HERE](#)

www.drpalevsky.com



ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.





**LAWRENCE B.
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

**THANK YOU
FOR SUBSCRIBING!**



**If you would like to contact us, please feel free to do so.
We are happy to hear from you.**

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For Appointments on Long Island**

(631) 262 8505

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www.drpalevsky.com



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