



WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

Lawrence B. Palevsky, MD

STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



WEBSITE:
www.drpalevsky.com



TELEGRAM:
<https://t.me/drpalevsky>



FACEBOOK:
<https://tinyurl.com/mwvrkjt9>



INSTAGRAM:
<https://tinyurl.com/48v8snkr/>



BITCHUTE:
<https://tinyurl.com/3epcmtr6>



ODYSEE:
<https://tinyurl.com/u5b76b8x>



MINDS:
<https://tinyurl.com/mwsh3v8>



MEWE:
<https://tinyurl.com/mwym7kaw>



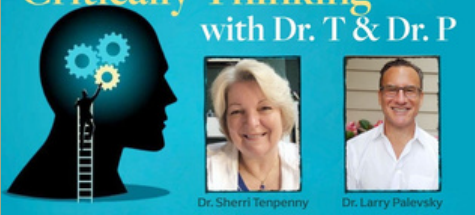
CRITICALLY THINKING on ODYSEE:
<https://tinyurl.com/bdexnm6a>

DR PALEVSKY'S INTERVIEWS



Catch Dr Palevsky's latest interviews!

Critically Thinking with Dr. T & Dr. P



Critically Thinking with Dr T & Dr P

Never Miss a Critically Thinking with Dr T & Dr P Episode. Click Below to catch up with the latest one now!

<https://bit.ly/3thvhjQ>

Pulling Back the Curtain on the Myths of Modern Pediatrics



Modern medicine tells us to fight the body — to medicate every fever, every symptom, every sign of healing. But what if the symptoms were never the enemy?

ER nurse Jodi O'Malley, MSN RN, from Nurses Out Loud sits down with Dr. Lawrence Palevsky, a New York pediatrician who stopped selling vaccines and started trusting nature. Together, they pull back the curtain on the myths of modern pediatrics — from suppressing every fever to pushing antibiotics and mandates without true informed consent.

<https://tinyurl.com/mtapxu3c>

The Holistic Kids Show - Top Tips For Teens with Dr Palevsky



Join the kid hosts of The Holistic Kids' Show as they sit down with renowned holistic pediatrician Dr. Larry Palevsky for an eye-opening conversation on teen health and wellness. In this episode, Dr. Palevsky shares his journey from conventional medicine to holistic care, revealing why nutrition, lifestyle, and self-responsibility are crucial for today's youth. Discover alarming health trends facing teens, the hidden dangers of processed foods, and the impact of technology and social media on mental and physical well-being.

Dr. Palevsky offers practical, actionable tips for families—covering everything from building nourishing meals to setting healthy boundaries with devices. Whether you're a parent, teen, or health enthusiast, this episode is packed with empowering advice to help you take charge of your health, develop lifelong habits, and create a brighter, healthier future. Tune in and start your journey toward holistic wellness today!

<https://tinyurl.com/45x7uwwy>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:
<https://tinyurl.com/u5b76b8x>

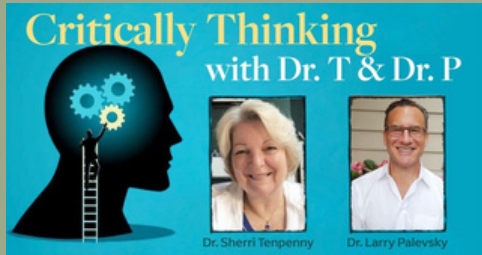
BITCHUTE:
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):
<https://tinyurl.com/ycy4v3q7>

DR PALEVSKY'S INTERVIEWS



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We CAN Change The Neurodevelopmental Trajectory

We've been taught to see developmental challenges as fixed — but emerging science tells a different story. Dr. Larry Palevsky returns to Autism Parenting Secrets with a bold message: Children's brains can change — especially when parents step into their full power.

With more than 30 years in holistic pediatrics, Dr. Larry Palevsky explains why suppressing symptoms often backfires — and what parents can do instead to support the body's natural healing intelligence. This conversation is both eye-opening and deeply encouraging for any parent who's been told there's nothing they can do.

<https://tinyurl.com/46r5nzxk>

Why Are Chronic Illness & Autoimmunity Rising in Kids?

Watch Dr. Darin Ingels & Dr. Lawrence Palevsky in Conversation (Part 2) In this thought-provoking episode of Resilient Health Radio, Dr. Darin Ingels welcomes back renowned pediatrician Dr. Lawrence B. Palevsky for Part 2 of their deep dive into the alarming rise of chronic illness and autoimmunity in children.

Dr. Palevsky shares insights from decades of clinical experience and research, challenging mainstream narratives and encouraging parents to ask critical questions about their children's health. Dr. Ingels adds perspective on the complexity of immune reactions, the impact of total body burden, and the need for personalized treatment plans.

<https://tinyurl.com/ap3dcjpp>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:
<https://tinyurl.com/u5b76b8x>

BITCHUTE:
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):
<https://tinyurl.com/vcy4v3q7>

ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

QUESTIONING COVID-19

FDA May Investigate DNA Contamination in COVID Shots

<https://tinyurl.com/a9u867en>

Higher Cancer Rates Found After Receipt of COVID-19 Shots

<https://tinyurl.com/zeaheh7u>

Cancer Treatments Using mRNA Technology Targeted as COVID Shots Sales Decline

<https://thevaccinereaction.org/2025/10/cancer-treatments-using-mrna-technology-targeted-as-covid-shots-sales-decline/>

DID YOU KNOW?

Watch SCREENAGERS - Growing Up in the Digital Age

<https://www.screenagersmovie.com/about-screenagers>

RED ALERT! This Is the Hill to Die On

<https://reinettesenumsfoghornexpress.substack.com/p/red-alert-this-is-the-hill-to-die>
<https://reinettesenumsfoghornexpress.substack.com/p/the-hill-to-die-on-volume-3-silent>

The American Academy of Pediatrics warned that calling breastfeeding “natural” was dangerous

<https://x.com/drsimonegold/status/1984959459047653775?s=10>

VACCINE VIEW

BOMBSHELL: The CDC Has Updated Its “Autism and Vaccines” Page

<https://tinyurl.com/28errkh5>

Vaccine Hesitancy: Doctors and Health Systems Face More Skepticism, and They Need New Strategies

<https://tinyurl.com/eve45v4h>

Misclassification of Individuals as “Unvaccinated” Using Antibody Jargon to Mislead the Public

<https://tinyurl.com/yk6bt2yw>

Vaccine Injuries

<https://thevaccinereaction.org/2025/10/vaccine-injuries/>

Repeal Mandatory Vaccination Laws: There Are No Exemptions to Informed Consent

<https://tinyurl.com/vc3vcz42>

NJDOH’s Quiet Plan to Erase Religious Vaccine Exemptions

<https://tinyurl.com/3852n94t>

Autism Symptoms Could Be Added to U.S. Vaccine Injury Program

<https://thevaccinereaction.org/2025/10/autism-symptoms-could-be-added-to-u-s-vaccine-injury-program/>

RECOMMENDED BY DR PALEVSKY

INTRODUCING KRIS ORGANICS

Kris
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

Transparent. Simple. Pure. Organic Skincare
100 % organically handcrafted in small batches.
No preservatives. All ingredients are fully listed.
Nothing hidden - ever!



Skincare is the dirtiest industry in the United States. Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!

**GET 10% DISCOUNT ON EVERYTHING WITH
DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**



Check out the
Kris Organics website
for all their gorgeous
products NOW!

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RECOMMENDED BY DR PALEVSKY

PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Formula.

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

Note: Currently only available in US, Mexico, Japan and South Africa

PRIME  **BODY.**

You can learn more about these hemp related products by going to drpalevsky.primemybody.com

[CLICK HERE](#)

www.drpalevsky.com



ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.





**LAWRENCE B.
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

**THANK YOU
FOR SUBSCRIBING!**



**If you would like to contact us, please feel free to do so.
We are happy to hear from you.**

**Lawrence B. Palevsky, M.D.
Inquiries: info@drpalevsky.com**

www.drpalevsky.com



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