



WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

Lawrence B. Palevsky, MD

STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



WEBSITE:

www.drpalevsky.com



MAILING LIST:

<https://bit.ly/2YIEZG1>



TELEGRAM:

<https://t.me/drpalevsky>



FACEBOOK:

<https://tinyurl.com/mwvrkjt9>



INSTAGRAM:

<https://tinyurl.com/48v8snkr/>



BITCHUTE:

<https://tinyurl.com/3epcmtr6>



ODYSEE:

<https://tinyurl.com/u5b76b8x>



MINDS:

<https://tinyurl.com/mwsh3v8>



MEWE:

<https://tinyurl.com/mwym7kaw>



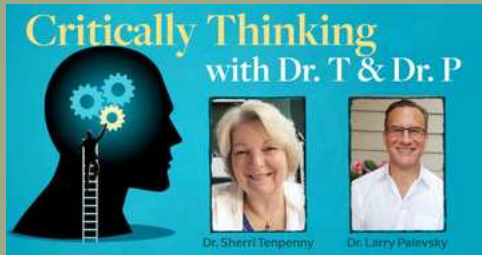
CRITICALLY THINKING on ODYSEE:

<https://tinyurl.com/bdexnm6a>

DR PALEVSKY'S INTERVIEWS



Catch Dr Palevsky's latest interviews!



Critically Thinking with Dr T & Dr P

Never Miss a Critically Thinking with Dr T & Dr P Episode. Click Below to catch up with the latest one now!

<https://bit.ly/3thvhjQ>



Rethinking Modern Medicine: Dr Palevsky's Journey into Root Cause Healing

In this episode of the Smarter Not Harder Podcast, Dr. Larry Palevsky shares his journey from pediatric emergency medicine to a root cause-based approach to healing. Drawing on decades of clinical experience, he explores why suppressing symptoms may interfere with true recovery, and how restoring parasympathetic balance, optimizing nutrition, and reducing environmental inputs can transform both acute and chronic illness—especially in children.

<https://tinyurl.com/mrxpr3xt>



Why Do Children Get Sick? Western Medicine Doesn't Have the Answer

In this episode, Dr. Larry Palevsky shares his journey from traditional Western medicine to a more holistic approach in pediatric care. He emphasizes the importance of nutrition, the need for children to experience discomfort, and the transition parents must make as their children grow from infancy to toddlerhood. Dr. Palevsky advocates for empowering children to learn and grow through their experiences rather than shielding them from discomfort.

<https://tinyurl.com/pqb5pm7r>



The Five Docs Monthly Update May 2025

Listen in to the Docs and enjoy our monthly 'no holds barred' call with these amazing doctors as they share their personal and professional opinions about current events.

<https://tinyurl.com/xjnxr3sy>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:
<https://tinyurl.com/u5b76b8x>

BITCHUTE:
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):
<https://tinyurl.com/ycy4v3q7>

ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

QUESTIONING COVID-19

European Court of Justice – Doctors Will Be Solely Responsible for the Consequences of Covid Injections

<https://tinyurl.com/5h56nyzd>

Repeated COVID-19 Vaccination as a Poor Prognostic Factor in Pancreatic Cancer: A Retrospective, Single-Center Cohort Study

<https://www.preprints.org/manuscript/202504.1167/v1>

Few Cases Finished After Millions Spent Investigating COVID Vaccine Claims

<https://tinyurl.com/ms4d7wpv>

WHO Data Reveals Global COVID-19 Deaths Skyrocketed After Mass Vaccination

<https://tinyurl.com/ms4d7wpv>

Slovakian Prime Minister Robert Fico is sounding the alarm over the experimental COVID vaccines

<https://tinyurl.com/526pj3vr>

Study Confirms Menstrual Irregularities Following COVID Shots

<https://tinyurl.com/488jaqyv>

New Study Show Side Effects of COVID-19 Vaccine

<https://thevaccinereaction.org/2025/04/new-study-show-side-effects-of-covid-19-vaccine/>

FOOD FOR THOUGHT

The Wholegrain Revolution! How Denmark Changed the Diet – and Health – of Their Entire Nation

<https://tinyurl.com/5cn2mmht>

Nearly Half of Baby Formulas Tested Contain Lead and Arsenic

<https://thevaccinereaction.org/2025/04/nearly-half-of-baby-formulas-tested-contain-lead-and-arsenic/>

Swedish Study Investigates Food Allergy Increases in Children But Big Questions Remain

<https://tinyurl.com/v4karfn7>

Bayer Petitions U.S. Supreme Court to Stop Roundup Herbicide Lawsuits

<https://thevaccinereaction.org/2025/04/bayer-petitions-u-s-supreme-court-to-stop-roundup-herbicide-lawsuits/>

KENNEDY'S CORNER

Secretary Kennedy's Remarks at The White House MAHA Commission Event

<https://x.com/SecKennedy/status/1925655509496897888/>

The MAHA Commission Report

<https://s3.documentcloud.org/documents/25951683/maha-commission-report.pdf>

ARTICLES OF INTEREST



VACCINE VIEW

BBC Finally Acknowledges Vaccine Harms. But it's Three Years Too Late

<https://tinyurl.com/bdfjmnet>

Pfizer Accused of Largest Tax Dodging Scheme in Pharmaceutical Industry History

<https://tinyurl.com/2kwrtvke>

Ethical Collapse in the Peer Review of a Leading Vaccine Journal

<https://thevaccinereaction.org/2025/04/ethical-collapse-in-the-peer-review-of-a-leading-vaccine-journal/>

BARDA's Big Bird Flu Vax Contract With Moderna

<https://thevaccinereaction.org/2025/02/bardas-big-bird-flu-vax-contract-with-moderna/>

Gardasil Lawsuit Worth \$8 Million Set for Jury Trial

<https://thevaccinereaction.org/2025/02/gardasil-lawsuit-worth-8-million-set-for-jury-trial/>

SPOTLIGHT ON THE SPECTRUM

Autism Epidemic 'Unprecedented in Human History,' Now Reaches 1 in 31 Kids in America

<https://tinyurl.com/yc6ex6z5>

One in 12.5: California's Autism Numbers Are a National Alarm Bell - Secretary Kennedy Reveals California's Autism Rate Has Exploded. The Time for Denial Is Over.

<https://tinyurl.com/58e329vz>

DID YOU KNOW?

U.S. Government Accused of Hiding Deadly E. Coli Outbreak

<https://thevaccinereaction.org/2025/04/u-s-government-accused-of-hiding-deadly-e-coli-outbreak/>

CT Scan Radiation Linked to Cancer, Especially in Children

<https://thevaccinereaction.org/2025/04/ct-scan-radiation-linked-to-cancer-especially-in-children/>

Fast-Track DNA-Based Therapeutic Cancer Vaccine to Be Given to Melanoma Patients in U.K.

<https://tinyurl.com/p89fuudn>

'Vaguely Threatening': Federal Prosecutor Queries Leading Medical Journal

<https://tinyurl.com/3w86vdpn>

Singapore's Descent into Medical Tyranny, Jab or Jail

<https://tinyurl.com/mfs4f566>

The Hidden Culprit Behind Our Health Crisis: It's Not Just One Toxin—It's All of Them

<https://sharylattkisson.substack.com/p/the-hidden-culprit-behind-our-health>

Harmful Contaminants Detected in "Almost All Water Systems" in the U.S.

<https://tinyurl.com/3kvanubu>

The Truth About Whooping Cough in the U.S.

<https://tinyurl.com/3hxn6cjm>

RECOMMENDED BY DR PALEVSKY

INTRODUCING KRIS ORGANICS

Kris
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

Transparent. Simple. Pure. Organic Skincare
100 % organically handcrafted in small batches.
No preservatives. All ingredients are fully listed.
Nothing hidden - ever!



Skincare is the dirtiest industry in the United States. Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!

**GET 10% DISCOUNT ON EVERYTHING WITH
DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**



Check out the
Kris Organics website
for all their gorgeous
products NOW!

[CLICK HERE](#)



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RECOMMENDED BY DR PALEVSKY

PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Formula.

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

Note: Currently only available in US, Mexico, Japan and South Africa

PRIME *my* **BODY.**

You can learn more about these hemp related products by going to drpalevsky.primemybody.com

[CLICK HERE](#)

www.drpalevsky.com



ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.





**LAWRENCE B.
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

**THANK YOU
FOR SUBSCRIBING!**



**If you would like to contact us, please feel free to do so.
We are happy to hear from you.**

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For Appointments on Long Island**

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