



Dear Friends,

Welcome to the Holistic Child Health Newsletter.

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

Lawrence B. Palevsky, MD

STAY CONNECTED WITH DR PALEVSKY



Stay Connected With Us!

IMPORTANT MESSAGE FROM DR PALEVSKY: PLEASE READ

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed (with links) below. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.

Please Sign Up for these Platforms Now and Find Dr Palevsky Here:

WEBSITE:

www.drpalevsky.com

MAILING LIST:

<https://bit.ly/2YIEZG1>

TELEGRAM:

<https://t.me/drpalevsky>

FACEBOOK (heavily censored)

<https://www.facebook.com/Lawrence-B-Palevsky-MD-110703415650945>

INSTAGRAM:

<https://www.instagram.com/dr.palevsky/>

BITCHUTE:

<https://www.bitchute.com/channel/pAAqDKYEvBbF/>

ODYSEE:

<https://odysee.com/@DrLawrencePalevsky:f>

MINDS:

<https://www.minds.com/drpalevsky/>

MEWE:

<https://mewe.com/i/drlawrencebpalevsky>

CRITICALLY THINKING on ODYSEE:

<https://odysee.com/@CriticallyThinking:3>

DR PALEVSKY SPEAKS



Want to Watch & Listen to Dr Palevsky's

Interviews & Podcasts?

**Scroll down this newsletter for some of the newest ones.....
You can watch all of Dr Palevsky's video interviews on either
of these platforms:**

ODYSEE:

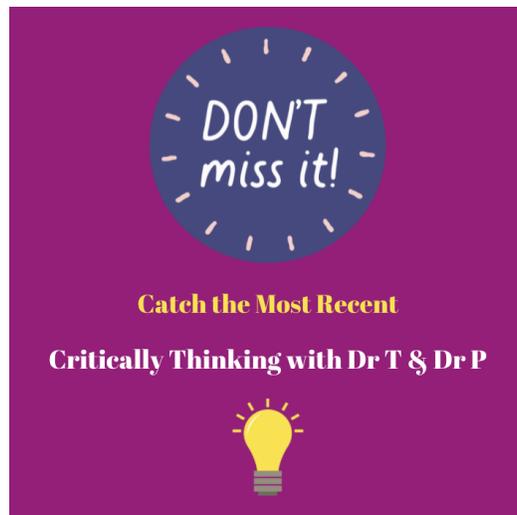
<https://odysee.com/@DrLawrencePalevsky:f>

BITCHUTE:

<https://www.bitchute.com/channel/pAAqDKYEvBbF/>

To Find Podcasts (Audio Only):

<https://bit.ly/2Rbwj3O>



Never Miss a Critically Thinking with Dr T & Dr P Episode.

Click Below to catch up with the latest one now!

<https://bit.ly/3thvhjQ>



Dr Palevsky on 'Living As Intended' with Dr Steven Baker

Dr Baker says "Dr. Larry is an amazing pediatrician and beyond that, one of the only medical doctors that thinks about the body this way... Dr. Larry actually understands and utilizes the body's ability to heal." Check out the whole episode here.

Watch it Here:

[Dr Baker & Dr Larry](#)



The Five Docs Monthly Update - March 2023

Listen in to the Docs and enjoy our monthly 'no holds barred' call with these amazing 5 doctors as they share their personal and professional opinions about current events.

Special Guest - Cory Hillis of EMF Solutions

Dr Lawrence Palevsky * Dr Sherri Tenpenny
Dr Christiane Northrup * Dr Carrie Madej
Dr Lee Merritt

Watch it Here:

[Five Docs March](#)

ACTION NEEDED



NEW YORK TAKE ACTION!!

Now They're Coming After You!

Stop S1531, No Mandatory Adult Vaccine Database

FROM AUTISM ACTION NETWORK:

You need to get on the phone. Albany is moving on a long-sought bill (S1531) that makes mandatory the existing voluntary adult vaccine database.

The only reason to do this is that at some point they intend to enforce compliance. Exactly like the State uses the childhood database to deny children access to school. The adult database will provide the necessary information to enforce vaccine passports. And will be used to deny you the right work, practice your profession, go to college, access healthcare, access public places, travel, and all the other repressive measures they already used with COVID passports, and are still using, like denying access to SUNY and CUNY, healthcare professionals, etc. And they are doing this at the same time that Governor Hocu and Attorney General James are appealing the court decision that threw out their draconian quarantine camp regulation.

First, Click on the link following this to send a message to your State Senator expressing your opposition to S1531 -

https://www.votervoicenet/AUTISMACTION/Campaigns/102829/Respond?unregistered=pefkVqhYMDjJ7uJJWl_MWw

Second, Register for a statewide zoom call we will have on Wednesday, March 20 at 7:30 pm at this link:

<https://us06web.zoom.us/meeting/register/tZEsdciqrD8rE9L5uuvc1XTmGqHPfSV6Hy8w>

Third, Call your New York State Senator and politely but firmly ask that he or she oppose S1531 and mandatory adult vaccine databases.

Please get back to us at: jgilmore@autismactionnetwork.org with what you learn.

We need to have 32 out of the 63 State Senators opposed to block it. Your State Senator's name and phone numbers should appear below:

Senator Kevin Parker (D-NY-021)

(518) 455-2580 (Capitol)

(718) 629-6401 (District)

Assemblyman Robert Carroll (D-NY-044)

(518) 455-5377 (Capitol)

(718) 788-7221 (District)

Fourth, Contact the leadership of the Senate and let them know you oppose S1531:

Here are some talking points you can use on your phone calls:

- What is the need? There are no required vaccines for general population adults, - S1531 violates every principle of medical privacy,
- S1531 violates physician's duty of confidentiality,
- The database will be used to identify and punish people. It is COVID now, it will be other disorders in the future,
- This is the first step to statewide vaccine passports,
- Opens the door to demanding all medical records, psychiatric medicines, HIV and other STDs, contraceptive use, etc.,
- This is taxpayer subsidized marketing for drug companies,
- Immigrant rights advocates are concerned it will be used to track and locate undocumented people for deportation,
- This bill will disproportionately impact black and brown people who have the lowest rate of COVID vaccine uptake of any racial groups,

Andrea Stewart Cousins, Senate Majority Leader,

(518) 455-2715, (518) 455-2585

<https://www.facebook.com/andrea.stewartcousins>

Twitter: [@AndreaSCousins](https://twitter.com/AndreaSCousins)

Gustavo Rivera, State Senate Health Committee Chair, co-sponsor of S1531,

(718) 933-2034, (518) 455-3395

<https://www.facebook.com/Hon.Gustavo.Rivera>

Twitter: [@NYSenatorRivera](https://twitter.com/NYSenatorRivera)

The sponsor is Sen. Brad Hoylman (D-Manhattan).

Co-sponsors include Senate Health Committee Chair Gustavo Rivera (D-Bronx),

Sen. Roxanne Persaud (D-Brooklyn), and Sen. Leroy Comrie (D-Queens).

Fifth, Spread the word. Please share this message with friends and family and please help to spread the word.

COVID-19 VACCINE



Twitter and Stanford Accused of Running a Disinformation Campaign to Hide the Truth About Vaccines

<https://twitter.com/goddeketal/status/1633888578072616963>

Montana Bill Bans The Vaccinated From Donating Blood

<https://greatgameindia.com/montana-bill-bans-the-vaccinated-from-donating-blood/>

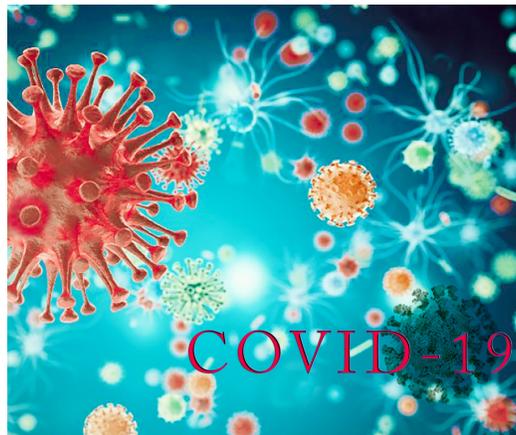
Many U.S. Universities End COVID-19 Vaccine Mandates

<https://thevaccinereaction.org/2023/03/many-u-s-universities-end-covid-19-vaccine-mandates/>

Taiwan Compensates Family of Girl Who Died Days After Getting Second Dose of Pfizer's COVID Shot

<https://thevaccinereaction.org/2023/03/taiwan-compensates-family-of-girl-who-died-days-after-getting-second-dose-of-pfizers-covid-shot/>

COVID 19



This is Possibly the Most Important Covid Clip EVER Recorded - Which Includes May 2020 CNN Footage as Final Proof

<https://twitter.com/FatEmperor/status/1633203017301237763>

Phoebe Liou on the Psychological Harm of College Mandates | Maryland General Assembly HB699

<https://rumble.com/v2c5v50-phoebe-liou-on-the-psychological-harm-of-college-mandates-maryland-general-.html>

First-Ever Official Apology for COVID Vaccine Mandates

<https://dailyclout.io/first-ever-official-apology-for-covid-vaccine-mandates/>

THE PUSHBACK



America's COVID Response Was Based on Lies

<https://www.newsweek.com/america-covid-response-was-based-lies-opinion-1785177>

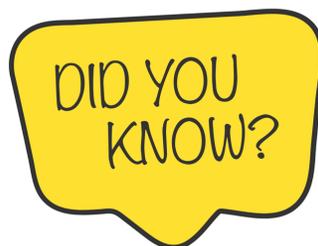
Medical science experts from Harvard, Johns Hopkins, and Stanford testifying before Congress: “The greatest perpetrator of misinformation during the pandemic has been the United States government.”

<https://twitter.com/RobertKennedyJr/status/1631339802590158858?s=20>

New Studies Deliver Harsh Verdicts on Mask Mandates, Vaccine Mandates for U.S. Cities

<https://childrenshealthdefense.org/defender/covid-mask-vaccine-mandates-cities/>

DID YOU KNOW...?



Safety Data on Hepatitis B Vaccine for Newborns ‘Sadly Lacking’

<https://childrenshealthdefense.org/defender/hepatitis-b-vaccine-newborns-safety-data-cola/?eType=EmailBlastContent&eId=81409887-19d1-491d-a3ef-3208f24499d6>

New Zealand Records Biggest Increase in Registered Deaths in 100 Years

<https://www.nzherald.co.nz/nz/new-zealand-records-biggest-increase-in-registered-deaths-in-100-years/BQERSTKIANCKRNNA7IL42RD52U/>

Rhode Island Teacher's union files lawsuit against Mom of a 5 year-old for requesting a copy of the class curriculum...

<https://twitter.com/ChuckCallesto/status/1631707684708679701?s=20>

Merck's Call to Lower the Age for Gardasil HPV Vaccine 'Just Another Marketing Ploy,' Critic Says

<https://childrenshealthdefense.org/defender/merck-lower-age-gardasil-hpv-vaccine/>

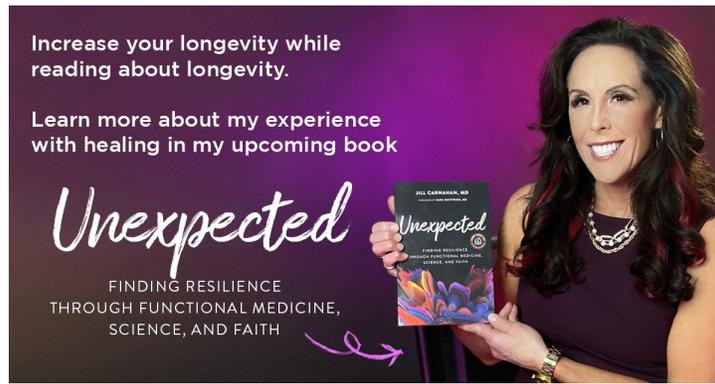
Pfizer's Blood Thinner Becomes a New Cash Cow Amid Worldwide Increase in Blood Clotting

<https://twitter.com/VigilantFox/status/1631760167254519813?s=20>

Fifth Generation (5G) Directed Energy Radiation Emissions In the Context of Contaminated Nanometal Covid-19 Vaccines with Graphite Ferrous Oxide Antennas

<https://globalresearch.ca>

BUY THIS BOOK



Dr. Jill Carnahan's brand new book, [*Unexpected: Finding Resilience through Functional Medicine, Science, and Faith*](#), is a powerful and vulnerable personal story of facing and overcoming life-threatening illness using both science and faith, and encourages you to discover YOUR path to transformational healing.

Dr. Jill's honest approach to sharing her own health challenges facing breast cancer, autoimmunity, and mold toxicity, while working in a medical system with very little tolerance for *stepping outside the lines*, provides a new look on empowerment and taking control of your health and wellbeing.

In the book, you'll find cutting-edge protocols for environmental toxicity and mold-related illness, autoimmune disease, Lyme disease and countless other complex chronic symptoms from over twenty year's experience practicing functional medicine.

This book is written for *both* the patient and the practitioner.

Through all of this, it is Dr. Jill's hope that you will find inspiration and the path to your own transformative experiences in your life.

[*Please Note: Because there is valuable content that doesn't make it into the book, Dr. Jill is offering you a free audio recording of secret chapter in addition to several other valuable gifts! Get all the free gifts here.*](#)

ORDER NOW:

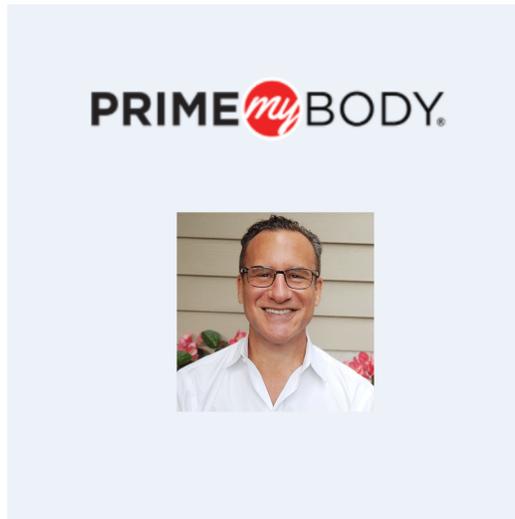
www.readunexpected.com

Buy From Amazon: <https://www.amazon.com/Unexpected-Finding-Resilience-Functional-Medicine/dp/1637630956/>

Buy From Barnes and Noble:

<https://www.barnesandnoble.com/w/unexpected-dr-jill-carnahan/1141872538>

RECOMMENDED BY DR PALEVSKY



Let me introduce you to **Prime My Body...**

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

**PLEASE DOUBLE CLICK ON THE IMAGE BELOW TO WATCH
THIS VIDEO MESSAGE FROM DR PALEVSKY**



PRIME BODY[®]

INDEPENDENT AFFILIATE

I specifically recommend the **CALM** Formula, which contains both CBD and CBG, for children as a solution to support the body during these traumatic times and naturally restore their bodies to a state of homeostasis. It can be taken in the morning before school or daily activities and/or at night before bedtime to help with sleep.

- Helps quiet restless, racing brain activity
- Suppresses sleep-inhibiting hormone messaging
- Supports mind & body homeostasis
- Supports composed and balanced well-being
- Promotes the activation of natural melatonin release
- Helps to regulate and balance mood

Some children do better with more CBG and in that case I would recommend the **FOCUS** Formula, which has a higher concentration of CBG along with other terpenes. Many children who have a hard time concentrating would benefit from a dose of FOCUS before school or morning activities. CBG serves as the pre-cursor or mother phytocannabinoid to many others, including CBD and THC.

Because industrial hemp plants are known to produce only trace amounts of CBG, sophisticated measures are taken to only extract CBG for its use in FOCUS.

Having a direct effect on the endocannabinoid system and cannabinoid receptors, CBG provides a wealth of benefits that support preventative, chronic, and acute care.

A major finding of CBG is its neuro-protective and neuro-regenerative traits. It is also a valuable resource for gut health!

- Completes the entourage effect
- Contains anti-bacterial properties
- Promotes neuro-regeneration/protection
- Supports bone health
- Improves mood & gut health
- Supports rest & sleep
- Promotes Natural Analgesic (discomfort relief)

Other children do better with only CBG and for those children I would recommend the **SHIELD** product which only has CBG along with other powerful immune boosting botanicals. SHIELD's 18 carefully curated botanical ingredients + CBG provide a wide-range of immune-supportive benefits that help to protect you. The MCT oil base (unlike the other two formulas) targets the gut and digestive tract so that the body absorbs it differently than the other products that enter directly into the blood stream with their nano-particle size. The elderberry taste is also well received by children or easily added to juice.

- Supports and stimulates optimal immune function
- Minimizes stress that impairs immune health and its response system
- Promotes white cell production
- Supports faster recovery during declined health
- Helps balance endocannabinoid system function

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. As I mentioned in my video, this is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

CURRENTLY 10% OFF THESE THREE PRODUCTS!

You can learn more about these hemp related products by going to

drpalevsky.primemybody.com

Give them a try and please share with us your family testimonials! We want to hear how they work for you so we can begin to document the results.

Note: Currently only available in US, Mexico, Japan and South Africa

CURRENTLY 10% OFF THESE THREE PRODUCTS!

ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, NYC, from 1990-1991. Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.



Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association. He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm. Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.

For more information, or to contact Dr. Palevsky go to: www.drpalevsky.com

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DR PALEVSKY'S HOLISTIC CHILD HEALTH
MAILING LIST

HCH will never share your information with any third parties.

Thank You for subscribing to the
Holistic Child Health Newsletter.

If you would like to contact us, please feel free to do so.
We are happy to hear from you.

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www.drpalevsky.com

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