



Dear Friends,

**Welcome to the Holistic Child Health Newsletter.**

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

***Lawrence B. Palevsky, MD***

# URGENT: TAKE ACTION

**Join us in Albany, NY on Tuesday, May 14, for our first annual Vaccine Injury and Vaccine Rights Rally & Lobbying Day.**



If you want to protect your right to decide what goes into your body or your children's' bodies you need to come to our rally!

Our rights have never been in greater danger in NY than they are now with the unprecedented number of bills threatening to expand the schedule of mandatory vaccines (flu, HPV/Gardasil), allow minors 14 years old and up to get vaccinated without parental knowledge or consent and to eliminate religious exemptions in NY.

If you don't show up to fight for your rights, who will?

Now is the time to show up, demand your rights are not taken away by unnecessary and discriminatory bills that only advance pharmaceutical profits. Come to Albany on May 14th to be heard. Bring your family, bring your children!

Office visits to legislators will begin at 9am.

The first step is to call your State Senator and your Assemblymember and let them know you are coming and that you would like to schedule an appointment. They have to meet with their constituents so be persistent in getting on their schedule along with your fellow constituents. These meetings and dialogue that takes place is where we influence legislation & make a true difference.... what you do matters! So please be sure you get on your 2 state reps calendar while you're there in Albany.

Rally on the West Steps of the Capitol will take place at 11 am.

We have a number of very exciting speakers lined up to talk & more to come! Stay tuned.....

Legislator meetings will continue for the rest of the day after the rally commences.

## **ACTION ALERT**

**ACTION ALERT.....From Our Friends at My Kids My Choice:**

**Your right to a religious exemption to vaccines is threatened by Bills  
S2994/ A 2371.**

**See link to the bills:**

<https://nyassembly.gov/leg/?bn=A02371&term=2019>



The only way we will keep our rights is if everyone who cares gets active in a positive way. Silence because you fear public ostracism guarantees failure. Be proud of your decision- there are lawsuits afoot that will mark 2019-20 as a time of truth and reveal the actions of the drug companies for what they truly are.

This is YOUR problem- it's up to YOU to fight to keep YOUR freedom to make medical decisions for YOUR children and YOURSELF. The pharmaceutical companies will NOT stop with the kids.

Constructively communicating with the elected officials who make the decision is the only way to fight against this bill.

The New York legislature is on a break from Albany right now but will return on Monday, April 29. Meetings of the Senate and Assembly Health Committees resume on Tuesday, April 30. The bills to repeal our right to a religious exemption, S2994 in the Senate and A2371, MAY come up for a vote in the Health Committees as soon as next Tuesday- unless we stop it.

We will be holding a Vaccine Injury & Vaccine Rights Rally and Lobbying Day in Albany on Tuesday, May 14. Be there if you want to keep your religious exemption. And be ready to get to Albany before then if necessary.

No one in Albany has ever made a coherent argument about how the tiny number of students with religious exemptions, less than 1% of students statewide, and about .5% in New York City, pose a threat to anyone. What they won't tell you is that according to the CDC about 8% of all students in New York, and about 5% in New York City, have not received the measles/mumps/rubella (MMR) vaccine. And despite all the lies about falling MMR vaccination rates, according to the CDC, the MMR uptake rate has not budged in New York State from 92% since at least 1995 (years before the Wakefield paper was published.) <http://bit.ly/2V2ryKG>

Students with religious exemptions are a tiny fraction, about 12% statewide and about 10% in New York City OF THE TOTAL UNVACCINATED POPULATION. If every student with a religious exemption was vaccinated tomorrow the numbers are too small to make a statistically significant change in the rate of vaccinated students. Taking our rights away will not end measles outbreaks, if in fact the unvaccinated are causing the perceived 'outbreak.' and by the way, where are the other diseases that the un-vaccinated are causing? If we are such disease carriers, why only ONE virus?

The New York Daily News reports that there are only 2,700 religious exemptions out of 1.1 million students in New York City public schools. But that there are at least 20,000 students who don't have religious exemptions and have not had the MMR vaccine. <http://bit.ly/2WbZMaT>

Albany is in a panic about the measles outbreak and they are looking for something

to do to show that they are doing something, and it doesn't hurt that the vaccine industry is putting serious pressure on them to repeal the exemption.

Please support our efforts to save your religious exemption with a donation here:  
[www.mykidsmychoice.com](http://www.mykidsmychoice.com)

**DO THIS:**

First, write a letter in your own words about how important the religious exemption is to your family and send it to your own State Senator and Assemblymember and the leadership of the legislature (below) . Find them at [nyassembly](http://nyassembly.gov) and [nysenate.gov](http://nysenate.gov).

Make sure the letter is polite and respectful. A form letter is worthless. Hand deliver an original letter if you can- if not, mail or fax it so they have a copy they can hold. They don't get many letters anymore and a letter can have a much greater impact than an email or a telephone call.

Call both the district and Albany offices of YOUR legislators today and those below. Ask the staffer politely where they stand on the bills. Let them know how important this is to your family.

Senate Majority Leader Andrea Stewart Cousins  
Legislative Office Building, Room 907  
Albany, NY 12247  
Phone: (518) 455-2585  
Fax: (518) 426-6811  
28 Wells Ave., Bldg. 3  
Yonkers, NY 10701  
Phone: 914 423-4031  
Fax: 914 423-0979

Speaker of the Assembly Carl Heastie  
Legislative Office Building, Room 932  
Albany, NY 12248  
518-455-3791  
1446 East Gun Hill Road  
Bronx, NY 10469

718-654-6539

Fax:718-654-5836

Chair of the Senate Health Committee Gustavo Rivera

Capitol Building, 502C

Albany, NY 12247

Phone: 518-455-3395

Fax: 518-426-6858

2432 Grand Concourse, Suite 506

Bronx, NY 10548

Phone: 718 933-2034

Fax: 718 933-2825

**Please share this message with friends and family, and please share to social network while we still can.**

## VACCINE VIEW

**Statistics Link Rise of “Vaccine-Preventable” Diseases to Increased Vaccination Rates**

<http://bit.ly/2DETLfF>

**I Don't Mind Saying I'm an Anti-Vaxxer**

<http://bit.ly/2DCYbDQ>



**Open Letter to Legislators Regarding Fetal Cell DNA in Vaccines**

<http://bit.ly/2LbkG9g>

**U.S Navy Acknowledges: MMR Vaccine Caused Viral Mumps Outbreak**

<http://bit.ly/2Ja052z>

## **Statistics Link Rise of “Vaccine-Preventable” Diseases to Increased Vaccination Rates**

<http://bit.ly/2W87YsK>

## **Shocking MMR Vaccine Trial Results Released via FOIA**

A Freedom of Information Act (FOIA) request results in the release of trial results of MMR vaccines that show a shocking percentage of children participating in the study suffering from gastrointestinal illness and upper-respiratory illness after receiving the Measles, Mumps & Rubella shot.

<http://bit.ly/2WemkIe>

## **The “Greatest Risk to Humanity” is Not the Unvaccinated, but Failure to Acknowledge the Potential Harmful Effects of Vaccination**

The WHO claims that vaccine ‘sceptics’ are one of the ten most imminent health challenges for humanity in 2019. At the same time, the rising number of allergies, autoimmune and neurodevelopmental diseases which can be scientifically associated with potential vaccine side effects has become a global epidemic and points to the fact that vaccines themselves have become a true challenge for global health in our time.

<https://www.efvv.eu/pathways-for-vaccine-damage/>

## **WHAT'S TOXIC**

### **Hospitals Withdraw Surgical Device Over Aluminium Exposure Fears**

<http://bit.ly/2IPsg7e>

**Dr. Palevsky’s Comments:** Then, therefore, the injected aluminum from vaccines should have the same damaging neurological effects on infants and children as it would if they were exposed to this product, yes?



## **New Study: Cell Phones Exceed Safety Limits When Phones Touch The Body**

<http://bit.ly/2VBCUEL>

## **Radiation Concerns Halt Brussels 5G Development, For Now**

<http://bit.ly/2J4dJ75>

## **Arizona: APS and Police Threaten to Arrest Physician for Refusing Smart Meters on Office Building**

<http://bit.ly/2DCohGZ>

## **IN THE NEWS**

## **With Guns Drawn, Officers Raided Home to Get Feverish Child**

<https://nyti.ms/2V5D6go>



### **Dr Palevsky's Comments:**

This is why we need to bring back teaching doctors how to practice clinical medicine, and not rely on the modern-day-expertise of protocol and fear-based medicine. A good, and properly trained physician, can look at a child right away and know if there is a possibility of him/her having meningitis, especially if the child is 2 years of age, regardless of whether the child has vaccinations, or not.

Here is a clinical assessment of a child 2 years of age, and older, who may have meningitis. Neck pain/neck stiffness/inability to bend the head with chin to chest? Vomiting? Pain in the eyes when seeing a bright light? Inability to walk, talk, drink, look at the parents and interact? Wants to be left alone in a quiet, dark room? Sleeping more than usual? Maybe unable to be woken up? Change in mental status? Irritable and inconsolable behavior?

Somehow, it appears, the physicians did not have, or utilize, their clinical assessment skills to evaluate whether or not this child had meningitis if, in fact, the physicians were even taught to use them, at all. Instead, it appears the parents were



vilified for not vaccinating their child, and for recoiling from the paternalistic, overbearing, and militaristic treatment they were receiving.

Most parents mistakenly use the word lethargic to describe their children's decrease in activity that coincides with a fever and an acute illness, when they really mean pokey or listless. Children are supposed to decrease their activity when they get an acute illness. They are supposed to rest, and not be their perky, sprightly, usual selves. This decrease in activity is part of the body's innate knowledge to slow down and begin the healing process but, it is not usually what we in the medical profession would describe as lethargic.

These are the clinical characteristics of what what I would describe as lethargic - unable to wake up, drink, walk, stand, or look at the parents, and non-responsive. It appears the physician heard the word fever and lethargic, and quickly went down the protocol list and thought, it must be meningitis, when all he had to do was clinically evaluate the child and know he wasn't lethargic, and didn't have meningitis. Instead, he simply used fear and protocol-based medicine. I mean, if an ICU patient's monitor shows a flat-line of the heart rate, does the doctor call a code to get help to resuscitate the patient, or does he/she simply check the patient first to see if the patient was awake, or if the leads on the chest may have fallen off.....

This incident also reveals why we need to restore the teachings to parents of how to assess and evaluate the symptoms their children are having during an acute illness, and also teach them how to know when something about their children's symptoms are concerning enough to seek medical care.

Lastly, I have come to see that the oral traditions of how to treat children's acute illnesses, that used to be handed down from generation to generation, have been lost. It's time to restore this knowledge to parents, along with the necessary assessment skills, so parents would better know when something was really wrong with their children to warrant a visit to the doctor.

## **DR LARRY IN THE MEDIA**

**[Watch and listen here to the whole event ....](#)**

## Cornerstones of Freedom Censorship Conference



On April 6th, an event interpreting the current climate on censorship, our rights, and how we must collectively defend our civil liberties took place in New Jersey. It featured speakers from across the country who inspired people to take action and combat the un-American forces of censorship threatening free speech.

Dr Palevsky was one of the Featured Expert Speakers at this event and his presentation can be seen at 1:22:30 in the recording.

<http://www.firstfreedom.org>

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**Don't Miss:**

**Dr. Palevsky Speaks About Best Pediatric Practices  
on 'The HighWire' Podcast**

**.....and many other interviews and appearances on Dr Palevsky's  
Website Media Page:**

<http://bit.ly/2DDaY9b>



## FOLLOW DR PALEVSKY ON FACEBOOK



Join Dr Palevsky on his Facebook page today....browse important articles, scientific papers, and medical information shared for your interest, with added comments from the doctor. Click on the icon above and please feel free to share the link.

## ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, NYC, from 1990-1991. Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.



Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association. He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm. Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.

For more information, or to contact Dr. Palevsky go to: [www.drpalevsky.com](http://www.drpalevsky.com)

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HCH will never share your information with any third parties.

Thank You for subscribing to the  
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If you would like to contact us, please feel free to do so.  
We are happy to hear from you.

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