



**LAWRENCE B.  
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.



## Holistic Child Health Newsletter June 2018

**Dear Friends,**

Welcome to the Holistic Child Health Newsletter.

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children. Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

## Lawrence B. Palevsky, MD



### ACTION ALERTS

#### **BREAKING NEWS:**

#### **STATE BAR SUES LEADING VACCINE RIGHTS ATTORNEY IN CLASSIC WITCH HUNT!**



The North Carolina State Bar, the agency that licenses NC attorneys, has taken the unprecedented step of filing a lawsuit against the nation's leading vaccine rights attorney, Alan Phillips, J.D., to force Phillips to hand over years of his clients' files or risk being jailed for civil contempt...

Attorney Phillips is the nation's leading Vaccine Rights attorney, the only attorney whose practice is focused solely on vaccine exemptions and vaccine legislative activism, and who works with clients, attorneys, legislators and activists nationally in virtually every possible U.S. exemption setting.[1] North Alan Phillips, J.D. Carolina is known as "Vaccine Central" for its award-winning vaccine companies.[2] So, it's

not surprising that the NC State Bar is going after Phillips, with what Phillips claims are invented facts and law in a series of steps that appear to have been designed from the start to disbar Phillips, for helping people legally avoid vaccines.

This is not just a personal attack against Phillips, it's an attack on the entire vaccine awareness movement, given Phillips' unique role in helping clients nationally with exemptions and legislative activism!

So, please 1) share this story far and wide, 2) sign the petition linked below, 3) donate to support Phillips' legal defense fund, and 4) stay tuned for updates to this story! (links below)

## **BASELESS ATTACK**

The NC Bar's lawsuit and underlying investigation are both unlawful for several reasons, according to Phillips. First, the Bar lacks the legally-required "allegation of misconduct." That's right, they are not even claiming Phillips actually did anything wrong, in which case (or should we say, "witch case"?) there is no legal basis for the investigation or lawsuit! There is also a blatant conflict of interest, Phillips points out, as he filed a good-faith complaint against State Bar attorneys for their fabrication of facts and law in a chess board February 2017 "Letter of Warning" to Phillips. NC Bar attorneys can't lawfully investigate Phillips while Phillips has an unresolved complaint open against Bar attorneys; both matters must be addressed by outside, independent people to avoid the obvious conflicts of interest. But the NC Bar is ignoring that conflict; it is suppressing Phillips' complaint against Bar attorneys, and aggressively pursuing Phillips.

Phillips is not alone in his claim that NC Bar attorneys have engaged in serious misconduct. His complaint against NC Bar attorneys is supported by two independent legal experts, and Phillips' own preliminary investigation has turned up other witnesses to NC Bar officials fabricating facts, and other attorneys who claim they were disbarred based on facts invented by NC Bar attorneys. So, there appears to be a very serious problem at the NC State Bar!

And Phillips isn't the only one who has filed a complaint against NC Bar attorneys! Several organizations around the country have also filed complaints in recent months, based on contradictions between a NC Bar letter and other information posted on the Internet. NC Bar officials are suppressing these complaints as well-again, avoiding scrutiny of their own actions. Yet, they continue to pass judgment on other NC attorneys. More than just a little ironic...

Finally, according to Phillips, the NC State Bar's demand for years of Phillips' clients' files amounts to an fishingunlawful "fishing expedition." That's a legal term for digging around in private information or documents to see if you can find something wrong, without a legitimate basis for having access to the information in the first place. It violates Constitutional due process. And this "expedition" would be particularly egregious, as it would violate hundreds of Phillips' clients' privacy rights based on the most sacred of legal tenets, the attorney-client privilege.

Phillips fears the court may rubber-stamp the Bar's unlawful demand, as courts sometimes do with government entities and powerful private persons. But Phillips also believes there is an out-of-the-box solution to the problem that involves putting a public spotlight on the matter, to expose publicly the NC Bar's misdeeds, on the theory that "even a bad person will do the right thing when there's a spotlight on them..." For example, Phillips founded a new non-profit, Bar Watch, Inc., to put a light on the NC Bar attorneys' misconduct, and to garner support for a proper investigation of the NC Bar. But your help is needed to power that light!

A summary and detailed description of the NC State Bar saga are available at the new Bar Watch, Inc. website: <https://BarWatchOnline.org>



## HOW YOU CAN HELP!

1. Please sign one of these petitions:

(a) Petition for Attorneys: liberty

<https://www.change.org/p/investigate-the-nc-bar>

(b) Petition for Non-Attorneys:

<https://www.change.org/p/no-attorney-is-above-the-law>

2. Please share this article throughout the vaccine awareness community!

3. Please Donate to:

(a) Bar Watch, Inc.: A NC non-profit corporation to document and expose publicly the NC State Bar's misconduct regarding Phillips and other NC attorney-victims:

<https://www.patreon.com/BarWatchInc>

(b) Vaccine Rights Attorney Legal Defense Fund: Help Phillips pay for his legal defense. Phillips has spent over two decades donating most of his time to the vaccine controversy with frequent radio shows, legislative activism, conferences, information by phone and email-and never asked for donations. But now he needs our help:

<https://www.gofundme.com/vax-rights-atty-legal-defense-fund>

(c) Personal donations: PayPal to alan@vaccinerights.com

[1] Phillips is the nation's only attorney who works with clients, attorneys, legislators and activists nationally concerning vaccines required at birth; for daycare, school and college enrollment; as a condition of employment; for military members and families; for immigrants, including foreign-adopted children and refugees; for children of parents in child custody disputes; and a variety of sub-divisions of these categories. See [www.vaccinerights.com](http://www.vaccinerights.com)

[2] <https://www.ncbiotech.org/news/four-nc-vaccine-companies-win-awards>

## NEWS TO NOTE

### CA School Immunization (IZ) Requirements - Updates Coming

A number of changes are coming to the California school immunization requirements. Although the changes become effective July 1st, 2019, it's not too early to start preparing.

Starting in the 2019-2020 school year, changes to the California school immunization requirement regulations include, but are not limited to:

- Requiring 2 (rather than 1) doses of chickenpox (varicella) vaccine at
  - Kindergarten entry
  - 7th grade advancement
  - K-12 admission or transfer



Requiring 2 MMR doses and 3 Hepatitis B vaccine doses at admission or transfer more uniformly throughout K-12 (age restrictions are removed)  
Medical exemptions for new admissions may be signed only by a California-licensed MD/DO.

Each temporary medical exemption may be issued for no more than 12 months  
Schools can start preparing for these changes by recording all chickenpox vaccine doses for admissions on the Blue Card or school information system and by compiling lists of (at least) current 5th grade students with no record of a 2nd dose of varicella vaccine.

May 2018 California Immunization Coalition - <http://ow.ly/XFGd30jX8JF>

Public Rule Making Notice - <http://ow.ly/29VX30jX8XB>

## VACCINE VIEW

### Mastering Vaccine Info BOOT CAMP

<https://masteringvaccineinfo.com>



### Public Support For Vaccines Drops, Reports NBC

<https://vaxxter.com/public-support-for-vaccines-drops-reports-nbc/>

### New AAP Policy on Patient Dismissal for Vaccine Refusal May "Erode Solidarity" Among

### Pediatricians

<https://www.infectiousdiseaseadvisor.com/prevention/patient-dismissal-for-vaccine-refusal-may-erode-solidarity-among-pediatricians/article/768242/>

### What's Old is New - 1996 Vaccine Safety Research Priorities

<https://bit.ly/2MtLg9t>

## ELECTRI-FRYING EMFs

### How Big Wireless Made Us Think That Cell Phones Are Safe: A Special Investigation

<https://www.thenation.com/article/how-big-wireless-made-us-think-that-cell-phones-are-safe-a-special-investigation/>

### 5G: Fifth Generation Wireless Technology

<https://kpfa.org/episode/your-own-health-and-fitness-june-5-2018/>

### Children Absorb 2-5 Times Higher Doses Of Microwave Radiation Than Adults, From Virtual Reality Systems

<https://ehtrust.org/new-publication-children-absorb-2-5-times-higher-doses-of-microwave-radiation-than-adults-from-virtual-reality-systems/>



## Absorption of Wireless Radiation in the Child Versus Adult Brain and Eye from Cell Phone Conversation or Virtual Reality

<https://www.sciencedirect.com/science/article/pii/S0013935118302561>

## The Roll Out of 5G Wireless Service is 'A Massive Health Experiment,' Public Health Expert Warns as Cell Companies Install 800,000 Towers Across the US

<http://www.dailymail.co.uk/health/article-5784487/The-roll-5G-wireless-service-massive-health-experiment-public-health-expert-warns-a.html>

### WAKE UP WORLD

## Toxic Stress in Children Separating Parents from Their Children in More Ways Than One

### AAP Statement Opposing Separation of Children and Parents at the Border

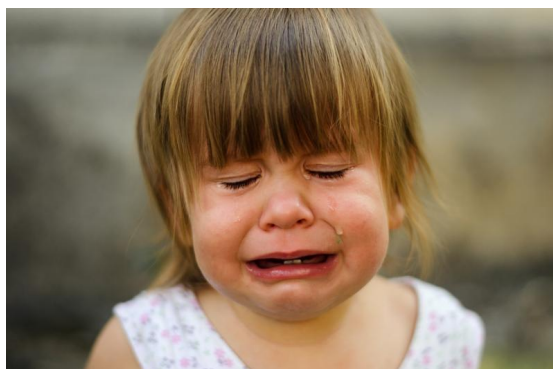
<https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/StatementOpposingSeparationofChildrenandParents.aspx>

### Separating Parents From Their Kids at the Border Contradicts Everything We Know About Children's Welfare

<http://www.latimes.com/opinion/op-ed/la-oe-kraft-border-separation-suit-20180503-story.html>

### Doctors Saw Immigrant Kids Separated From Their Parents. Now They're Trying to Stop It

<https://www.cnn.com/2018/06/14/health/immigrant-family-separation-doctors/index.html>



**Dr. Palevsky's Comments:** Kraft says separating children from their parents is likely to trigger what's known as a "toxic stress" response.

"Toxic stress is prolonged exposure to hormones such as cortisol, epinephrine,

norepinephrine -- fight or flight hormones -- and then inflammatory hormones," she says. "In a very young child, that disrupts brain development." Dr. Colleen Kraft, president of the American Academy of Pediatrics, is pushing for the administration to reverse course on its & "zero tolerance" policy.

Dr. Colleen Kraft, president of the American Academy of Pediatrics, is pushing for the administration to reverse course on its "zero tolerance" policy.

Possible results include developmental delays, such as problems with motor function or speech. And later in life, she says, kids that experience toxic stress are more likely to have health problems like heart disease, cancer and morbid obesity.

In this quote from Dr. Kraft, President of the American Academy of Pediatrics, she warns against the effects of prolonged exposure to fight or flight and inflammatory hormones in young children as a precursor to a disruption of brain development, potentially leading to developmental delays, including problems with motor function or speech.

In a 2011 Pediatrics Journal article, it has been reported that 1 in 6 children has some form of neurodevelopmental delay which I believe it's fair to say can be defined as a disruption in brain development. Could a toxic stress response be the contributing underlying physiological response we are witnessing in an ever-increasing number of children with neurodevelopmental delays? Is an elevation of fight or flight and inflammatory hormones occurring in these 1 in 6 children that disrupts their brain development?

It would behoove us in the medical and scientific community to try to identify factors that would lead to a toxic stress response in young children that is unrelated to their being removed from their parent's homes, but having a similar physiological effect on a disruption in their brain development.

How about we start with investigating the role that multiple sonograms, flu shots and Tdap's during pregnancy, C-sections, pitocin, epidurals, early antibiotic exposure, and multiple vaccinations play in early childhood brain development, as similar contributors to a toxic shock response to the one Dr. Kraft describes in these articles? Seems like there might be a parallel disruption in the brain development of children who are exposed to these medical interventions that should worry us, just as much as if the children were being physically separated from their parents.

Unfortunately, for the parents of the more than 1 in 6 children with neurodevelopmental delays, it appears to most of them as if their children ARE being separated from them.



## Could Some ADHD Be a Type of Sleep Disorder? That Would Fundamentally Change How We Treat It

<https://wapo.st/2N0YL1f>



## Solid Research on Autism in Dogs Lacking

<https://www.thevaccinereaction.org/2018/06/solid-research-on-autism-in-dogs-lacking/>

### MEDIA CORNER

#### \*\* Recent Interviews With Dr Larry \*\*

##### **Dr Palevsky and Dr Sherr Chat on Facebook Live....**

For over a decade, this dynamic duo has collaborated to assist their patients in achieving optimal health utilizing natural and alternative practices and partnering with their patients to create a health care plan that best meets their wellness needs and goals.

Check it out here:

<https://www.facebook.com/181532071496/videos/10154581738921497/>

##### **Dr Larry...Interviewed by The Natural Nurse**

"Aluminum and Vaccine Ingredients: What Do We Know and What Don't We Know?  
With Ellen Kamhi PhD RN - The Natural Nurse

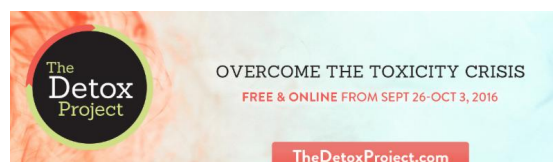
<http://www.naturalnurse.com/2017/06/02/aluminum-and-vaccine-ingredients-dr-palevsky-md/>



DR. RONALD  
HOFFMAN

Dr Larry's Interview with Dr Ronald Hoffman on Intelligent Medicine

[PART 1](#) and [PART 2](#)



Listen [HERE](#)



Join the children's health (r)evolution!  
*An evolution in children's health*  
FREE & ONLINE MAY 2-9, 2016  
[LEARN MORE!](#)

Children's HEALTH SUMMIT  
SPRING 2016 EVENT

Listen to the [AUDIO](#)

Watch the [VIDEO](#)



**FERTILITY, PREGNANCY & BIRTH SUMMIT**  
How to boost your fertility, have the healthiest pregnancy & deliver a beautiful healthy baby  
Hosted by Tracy Gartner [FREE INTERVIEW SERIES](#)

[Listen Here](#)



**MICROBIOME MEDICINE SUMMIT**  
Is your microbiome the missing link to achieving *lasting* optimal health?  
FREE & ONLINE FROM FEB 29-MAR 7, 2016  
[microbiomemedicinesummit.com](http://microbiomemedicinesummit.com)

[Listen Here](#)



**HEALTHY HAPPY KIDS**  
JOIN US FOR THIS FREE ONLINE EVENT  
Reserve your spot today.  
Nourishing meals and holistic parenting tips to keep your child healthy, confident and strong!  
Hosted by Christine Waltermeyer  
[HEALTHYHAPPYKIDSSUMMIT.COM](http://HEALTHYHAPPYKIDSSUMMIT.COM)

[Listen and Watch Here](#)



Dr Palevsky is now on Facebook where he will be posting important articles, scientific papers, and medical information for your interest, with his added comments.

Join him there today!

Click on the icon above and please feel free to share the link.

## ABOUT DR PALEVSKY

Dr. Palevsky is a board certified pediatrician who utilizes a holistic approach in his work with children and families.

Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a 3-year pediatric residency at the Mount Sinai School of Medicine in New York City, and enrolled in a 1-year fellowship training program in the out-patient department at Bellevue Hospital/NYU School of Medicine.



Since 1991, his clinical experience has included working in pediatric emergency medicine at Our Lady of Mercy Hospital in the Bronx, NY, serving as the Chief of the Pediatric Acute Care Unit at Lenox Hill Hospital in NYC, and working in in-patient and out-patient pediatric medicine, neonatal intensive care medicine, and newborn and delivery room medicine.

Dr. Palevsky has also worked in a conventional, holistic and integrative pediatric practice at the NYC Beth Israel Center for Health & Healing- an integrative and complementary care medical facility.

Currently, he runs his own holistic pediatric practice in Northport, NY and Manhattan. Dr. Palevsky teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally.

Dr. Palevsky is a former Fellow of the American Academy of Pediatrics, Past-President of the American Holistic Medical Association, and a diplomate of the American Board of Integrative Medicine (ABIHM).

For more information, or to contact Dr. Palevsky go to: [www.drpalevsky.com](http://www.drpalevsky.com)

Don't forget to check out other informative interviews with Dr Palevsky on his Media Center page [HERE](#)

PLEASE CLICK [HERE](#) TO JOIN  
THE HOLISTIC CHILD HEALTH  
MAILING LIST

HCH will never share your information with any third parties.

Thank You for subscribing to the  
Holistic Child Health Newsletter.

If you would like to contact us, please feel free to do so.  
We are happy to hear from you.

Lawrence B. Palevsky, M.D., ABIHM  
For Appointments: Long Island and Manhattan  
(631) 262 8505  
For all other Inquiries: [info@drpalevsky.com](mailto:info@drpalevsky.com)

[www.drpalevsky.com](http://www.drpalevsky.com)

© 2018 Lawrence B. Palevsky. All rights reserved.

Disclaimer: All material in this newsletter and on the web site is provided for educational purposes only. Consult with your health care provider regarding the advisability of any opinions or recommendations with respect to your individual situation.