



Dear Friends,

Welcome to the Holistic Child Health Newsletter.

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

Lawrence B. Palevsky, MD

STAY CONNECTED WITH DR PALEVSKY



Stay Connected With Us!

IMPORTANT MESSAGE FROM DR PALEVSKY: PLEASE READ

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed (with links) below. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.

Please Sign Up for these Platforms Now and Find Dr Palevsky Here:

WEBSITE:

www.drpalevsky.com

MAILING LIST:

<https://bit.ly/2YIEZG1>

TELEGRAM:

<https://t.me/drpalevsky>

FACEBOOK (heavily censored)

<https://www.facebook.com/Lawrence-B-Palevsky-MD-110703415650945>

INSTAGRAM:

<https://www.instagram.com/dr.palevsky/>

BITCHUTE:

<https://www.bitchute.com/channel/pAAqDKYEvBbF/>

ODYSEE:

<https://odysee.com/@DrLawrencePalevsky:f>

MINDS:

<https://www.minds.com/drpalevsky/>

MEWE:

<https://mewe.com/i/drlawrencebpalevsky>

CRITICALLY THINKING on ODYSEE:

<https://odysee.com/@CriticallyThinking:3>

DR PALEVSKY SPEAKS



Want to Watch & Listen to Dr Palevsky's

Interviews & Podcasts?

**Scroll down this newsletter for some of the newest ones.....
You can watch all of Dr Palevsky's video interviews on either
of these platforms:**

ODYSEE:

<https://odysee.com/@DrLawrencePalevsky:f>

BITCHUTE:

<https://www.bitchute.com/channel/pAAqDKYEvBbF/>

To Find Podcasts (Audio Only):

<https://bit.ly/2Rbwj3O>



Never Miss a Critically Thinking with Dr T & Dr P Episode.

Click Below to catch up with the latest one now!

<https://bit.ly/3thvhjQ>



"IF THEY KNEW" with Dr. Devin: No More "They Say" - New Era in Pediatrics with Dr. Larry Palevsky

We welcome Dr. Larry Palevsky to "If They Knew". We cover some BIG ideas and hot topics in this episode! What's The Big Idea in Pediatrics? What's the ONE THING this seasoned Holistic Pediatrician wants the world to know? We must leave the era of "they say". We must take responsibility and accountability to do our own research and make empowered choices. We must acknowledge that the biggest mis-truth has been that the source or problem for kids all comes down to an "infection".

There is so much more than meets the eye when you look at and nurture from a holistic approach. It's time to leave the days of "quick fix" and waging war on symptoms. We must observe the Innate Intelligence within our systems, within our children. We must learn to trust that intelligence and seek to harmonize with it instead of suppress it's efforts to cleanse toxicity and stress from the body.

We went long on this interview because this is such a complex arena to dive into. But it is far easier to raise and build up HEALTHY children than it will ever be to heal

injured, dis-eased adults. How we view and make choices in Pediatrics becomes the future for our children and the generations to come. We hope that this episode fuels your fire & leaves you feeling hopeful for the days to come!

Watch it Here:

<https://tinyurl.com/yz24jh4v>

Or

<https://www.youtube.com/watch?v=dVsu8wnhZEK>



Vaccines, The Gut & Autism on Children's Health Defense TV Friday Roundtable

In the field of autism, what can be said about the gut?
And why do so many parents fear germs?

Covering the topics of breastfeeding, Tylenol, GMO, USDA and more

This episode of 'Friday Roundtable' is one that viewers won't want to miss!

Guests: Dr Palevsky and Dr James Neuenschwander

Watch Here:

[Vaccines, The Gut & Autism](#)

COVID-19 VACCINE



“There are Pilots Out There Who are Fearful to Come Out and Speak.”

<https://twitter.com/JoshYoder/status/1639118051957170177?s=20>

National Guardswoman Suffers Two Heart Attacks After Getting Moderna mRNA COVID Shots

<https://thevaccinereaction.org/2023/04/national-guardswoman-suffers-two-heart-attacks-after-getting-moderna-mrna-covid-shots/>

Independent Analysis Estimates 26.6 Million Americans Injured by COVID Shots in 2022

<https://thevaccinereaction.org/2023/04/independent-analysis-estimates-26-6-million-americans-injured-by-covid-shots-in-2022-2/>

Doctors in Kentucky, California Received Millions in Bonus Payments for Vaccinating Medicaid Patients Against COVID

<https://tinyurl.com/drwrwx9>

Covid-19 Vaccine Provider's Incentive Program

<https://tinyurl.com/4z4vwmmx>

In this Alarming Clip, 🇨🇦 Vaccinologist Dr. Byram Bridle and RNA Expert Prof. Patrick Provost Discuss How Covid-19 mRNA 'Vaccines' are Leaving the Bodies of Vaccinees and Entering Other Human Beings in a Process Known as Shedding

https://twitter.com/hugh_mankind/status/1639104316161298432?s=20

Georgia State Senator Rick Williams. He's a funeral director. His embalmer noticed the strange clots happening after the COVID vaccines rolled out in 30% of the cases. Listen to what he has to say about COVID vaccine injuries.

<https://twitter.com/stkirsch/status/1639035430330077184>

Horowitz: They Knew: FOIA Document Shows Government Anticipated Mass Vaccine Injuries, Then Observed Them From Day One

<https://www.conservativereview.com/horowitz-they-knew-foia-document-shows-government-anticipated-mass-vaccine-injuries-then-observed-them-from-day-one-2659636848.html>

How Do COVID Vaccines Impact Gut Health?

<https://twitter.com/JanJekielek/status/1638647909561319425>

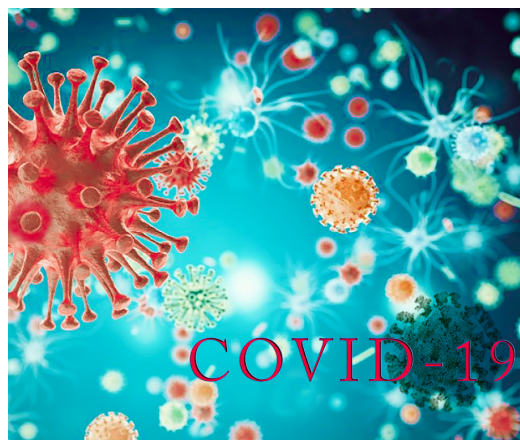
Moderna CEO Stéphane Bancel Admits They Paid Fauci's NIH \$400 Million in Royalties for a Product the Government Mandated

<https://twitter.com/TheChiefNerd/status/1638567339456094209>

Public Speaks Out at Public Comment Session on COVID-19 Vaccine Adverse Events Review

<https://www.nvic.org/newsletter/apr-2023/nasem-update>

COVID 19



The Suffering of the Innocent

<https://thevaccinereaction.org/2023/04/the-suffering-of-the-innocent/>

California Church Ordered to Pay \$1.2 Million for Defying Lockdown Measures

<https://thevaccinereaction.org/2023/04/california-church-ordered-to-pay-1-2-million-for-defying-lockdown-measures/>

VACCINE NEWS



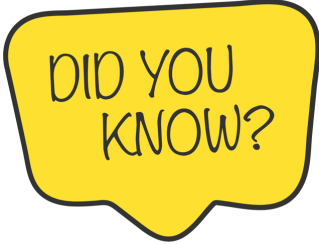
NVIC Enters its Fifth Decade Defending Autonomy and Protection of Bodily Integrity

<https://www.nvic.org/newsletter/apr-2023/nvic-enters-fifth-decade>

ICAN Attorneys Secure Religious Exemption to Vaccination in Mississippi

<https://icandecide.org/press-release/ican-attorneys-secure-religious-exemption-to-vaccination-in-mississippi/>

DID YOU KNOW...?



DID YOU
KNOW?

New Korean Study Suggests Link Between Cell Phone Use and Brain Tumors

<http://koreabizwire.com/new-korean-study-suggests-link-between-cell-phone-use-and-brain-tumors/246394>

Face Masks May Raise Risk of Stillbirths, Testicular Dysfunction and Cognitive Decline Due to Build-up of Carbon Dioxide, Study Warns

<https://www.dailymail.co.uk/health/article-11982039/Face-masks-raise-risk-stillbirths-testicular-issues-cognitive-decline-study-says.html>

Electrical Engineer Explains How “Smart” Meters Can Lead to Higher Bills

<https://westviewnews.org/2023/04/09/electrical-engineer-explains-how-smart-meters-can-lead-to-higher-bills/westview-news/>

BPA-Like Chemical Seeps From Labels to Food

<https://www.futurity.org/bisphenol-s-bps-bpa-plastics-chemicals-food-2891442-2/>

RECOMMENDED BY DR PALEVSKY

PRIME  **BODY.**



Let me introduce you to **Prime My Body...**

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

**PLEASE DOUBLE CLICK ON THE IMAGE BELOW TO WATCH
THIS VIDEO MESSAGE FROM DR PALEVSKY**



PRIME BODY[®]

INDEPENDENT AFFILIATE

I specifically recommend the **CALM** Formula, which contains both CBD and CBG, for children as a solution to support the body during these traumatic times and naturally restore their bodies to a state of homeostasis. It can be taken in the morning before school or daily activities and/or at night before bedtime to help with sleep.

- Helps quiet restless, racing brain activity
- Suppresses sleep-inhibiting hormone messaging
- Supports mind & body homeostasis
- Supports composed and balanced well-being
- Promotes the activation of natural melatonin release
- Helps to regulate and balance mood

Some children do better with more CBG and in that case I would recommend the **FOCUS** Formula, which has a higher concentration of CBG along with other terpenes. Many children who have a hard time concentrating would benefit from a dose of FOCUS before school or morning activities. CBG serves as the pre-cursor or mother phytocannabinoid to many others, including CBD and THC.

Because industrial hemp plants are known to produce only trace amounts of CBG, sophisticated measures are taken to only extract CBG for its use in FOCUS.

Having a direct effect on the endocannabinoid system and cannabinoid receptors, CBG provides a wealth of benefits that support preventative, chronic, and acute care.

A major finding of CBG is its neuro-protective and neuro-regenerative traits. It is also a valuable resource for gut health!

- Completes the entourage effect
- Contains anti-bacterial properties
- Promotes neuro-regeneration/protection
- Supports bone health
- Improves mood & gut health
- Supports rest & sleep
- Promotes Natural Analgesic (discomfort relief)

Other children do better with only CBG and for those children I would recommend the **SHIELD** product which only has CBG along with other powerful immune boosting botanicals. SHIELD's 18 carefully curated botanical ingredients + CBG provide a wide-range of immune-supportive benefits that help to protect you. The MCT oil base (unlike the other two formulas) targets the gut and digestive tract so that the body absorbs it differently than the other products that enter directly into the blood stream with their nano-particle size. The elderberry taste is also well received by children or easily added to juice.

- Supports and stimulates optimal immune function
- Minimizes stress that impairs immune health and its response system
- Promotes white cell production
- Supports faster recovery during declined health
- Helps balance endocannabinoid system function

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. As I mentioned in my video, this is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

CURRENTLY 10% OFF THESE THREE PRODUCTS!

You can learn more about these hemp related products by going to

drpalevsky.primemybody.com

Give them a try and please share with us your family testimonials! We want to hear how they work for you so we can begin to document the results.

Note: Currently only available in US, Mexico, Japan and South Africa

CURRENTLY 10% OFF THESE THREE PRODUCTS!

ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, NYC, from 1990-1991. Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.



Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association. He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm. Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.

For more information, or to contact Dr. Palevsky go to: www.drpalevsky.com

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DR PALEVSKY'S HOLISTIC CHILD HEALTH
MAILING LIST

HCH will never share your information with any third parties.

Thank You for subscribing to the
Holistic Child Health Newsletter.

If you would like to contact us, please feel free to do so.
We are happy to hear from you.

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