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Dear Friends,

### **Welcome to the Holistic Child Health Newsletter.**

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

***Lawrence B. Palevsky, MD***

Dr Palevsky and His Team,  
Wish Everyone  
a New Year Filled With.....



2022

**STAY CONNECTED WITH DR PALEVSKY**



**Stay Connected With Us!**

## **IMPORTANT MESSAGE FROM DR PALEVSKY: PLEASE READ**

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed (with links) below. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.

Please Sign Up for these Platforms Now and Find Dr Palevsky Here:

### **WEBSITE:**

[www.drpalevsky.com](http://www.drpalevsky.com)

### **MAILING LIST:**

<https://bit.ly/2YIEZG1>

### **TELEGRAM:**

<https://t.me/drpalevsky>

### **FACEBOOK (heavily censored)**

<https://www.facebook.com/Lawrence-B-Palevsky-MD-110703415650945>

### **INSTAGRAM:**

<https://www.instagram.com/dr.palevsky/>

**BITCHUTE:**

<https://www.bitchute.com/channel/pAAqDKYEvBbF/>

**ODYSEE:**

<https://odysee.com/@DrLawrencePalevsky:f>

**MINDS:**

<https://www.minds.com/drpalevsky/>

**MEWE:**

<https://mewe.com/i/drlawrencebpalevsky>

**CRITICALLY THINKING on ODYSEE:**

<https://odysee.com/@CriticallyThinking:3>

**LINKTREE:**

<https://linktr.ee/DrLarryPalevsky>

## DR PALEVSKY SPEAKS



### Want to Watch & Listen to Dr Palevsky's Interviews & Podcasts?

**Scroll down this newsletter for some of the newest ones.....  
You can watch all of Dr Palevsky's video interviews on either  
of these platforms:**

**BITCHUTE:**

<https://www.bitchute.com/channel/pAAqDKYEvBbF/>

**ODYSEE:**

<https://odysee.com/@DrLawrencePalevsky:f>

## To Find Podcasts (Audio Only):

<https://bit.ly/2Rbwj3O>

**Never Miss a Critically Thinking with Dr T & Dr P Episode.**

**Click Below to catch up with the latest one now!**

<https://bit.ly/3thvhjQ>

### Critically Thinking with Dr T & Dr P



Thursdays 7pm EST

## ACTION ALERTS

**March for Medical Freedom, January 5th 2022  
10am Albany NY**

**Show Up STRONG!**

**Let Gov. Hochul and Albany know where you stand....**

The New York chapter of Children’s Health Defense is partnering with dozens of organizations across the state in organizing a March for Medical Freedom in Albany on January 5th and we urge you to be there to peacefully assemble and take a stand against mandates.

January 5th is the opening day of the 2021 legislative session and Governor Kathy Hochul's first State-of-the-State Address.

New Yorkers must be prepared to fight an onslaught of horrendous bills this legislative session. And we're asking neighboring states to show up too. We know that when one state falls to tyranny, it puts every other state at risk.

Please listen to this message from Robert F. Kennedy, Jr. to hear why it's of utmost importance to be in Albany on January 5th to fight these bills.

Show up strong in Albany! Let's tell our elected officials that, as tax paying citizens, we demand choice and medical freedom for us and our children. It's critical that we exercise our democratic rights to have our voices heard and educate our elected officials on why these bills pose unprecedented threats to freedom and human rights.

There are a number of bad bills proposed for the 2022 legislative session. The most threatening and concerning bills are bill A8378 proposed by Assemblymember Jeffrey Dinowitz (D), that will make the COVID vaccine mandatory for school-aged children and bill S75 proposed by Senator Brad Hoylman (D) which will force adult vaccination records to be entered in a statewide database. Both bills pose a serious and imminent threat to children's health, medical privacy and basic civil rights. The latest is that Governor Hochul is even asking the legislature to create a bill that would require boosters for all New Yorkers in order to be considered "fully vaccinated."

Please share this message from Robert F. Kennedy, Jr. to help spread the word and get everyone you know to come to Albany on January 5th.

<https://bit.ly/3JoWYQV>

There will be a rally starting at 10:00 a.m. at West Capitol Park followed by a march over to the Legislative Office Building for a day of meeting with your elected officials.

Please schedule a meeting with your State Senator and your Assemblyperson.

Even if they say they're too busy to meet on their first day back in session, politely let the staffers know that you will be in Albany and would still like to request a meeting with your Senator and Assemblyperson or one of their staffers. It is their duty to make time to hear from their constituents.

It's recommended you write and bring at least five copies of your own personal letter that explains your opinion on these bills and your beliefs regarding COVID mandates and medical freedom. You can stop by your legislator's office to hand deliver a copy of your letter and leave it with other key representatives as well.

Have copies of your letter for Governor Hochul (2nd floor of Capitol), Senate Majority Leader Andrea Stewart Cousins (Room 907 LOB and Capitol Room 330), Speaker of the Assembly Carl Heastie (Room 907 LOB) and be sure to have one for your State Senator and your Assemblymember (most NYS legislators are in the LOB across the street from the Capitol).

We need everyone to **SHOW UP STRONG** - to be sure our voices are heard and our presence is memorable as we fight this tyranny. This unique time in history calls for consistent, peaceful action to preserve freedoms and return to democracy.

Please share this message with friends, family and your community. Be a defender of truth, freedom and health.

Thank you, The Children's Health Defense Team



PS - Buses have been arranged for this rally. Please reserve your tickets soon, as spots will likely fill up fast.

<https://bit.ly/3mKiyWg>

### **Read More Here:**

<https://bit.ly/3EGWX76>

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## **URGENT ACTION!!!**

### **Calling All New Yorkers!! Oppose A8378 Covid-19 Vaccine Mandate for Children!**

#### **As of today, this bill seems to be active....**

A8378 was introduced and referred to the Assembly Committee on Health on 10/20/2021. Although this bill has not yet been set for a hearing, the Committee could potentially act on the bill at any time. This is why it is important to reach out to your state legislators about A8378 now.

This bill would require all children between the ages of two months and eighteen years to be vaccinated with a COVID-19 vaccine if they attend a school or are in a day care facility, and if the COVID-19 vaccine is recommended for use in their age range. Public, private, and parochial schools and child care providers are covered by this bill.

#### **ACTION NEEDED:**

1. Contact your New York state assemblymember and senator and ask them to strongly oppose A8378. If you do not know who your New York state legislators are, login to the NVIC Advocacy Portal at <http://NVICAdvocacy.org>. Click on "Check What is Happening in Your State" on the home page or "My State" on the STATE TEAMS tab. Your personal state legislators are listed on the right side of the page. You can click on your legislators' names to get phone numbers, emails, and even links to their social media to connect to them. You can also find your legislators using these links: <http://assembly.state.ny.us/mem/search/> and

<https://www.nysenate.gov/registration/nojs/form/start/find-my-senator> Please see talking points below.

2. Contact the members of the New York Assembly Health Committee by phone or email and ask them to strongly oppose A8378. Please see contact information and talking points below.

Assembly Committee on Health Assemblyman Gottfried (Committee Chair & Bill Co-Sponsor): 515-455-4941 or 212-807-7900

Assemblyman Abinanti: 518-455-5753 or 914-631-1605

Assemblyman Ashby: 518-455-5777 or 518-272-6149

Assemblyman Barron: 518-455-5912 or 718-257-5824

Assemblywoman Bichotte Hermelyn: 518-455-5385 or 718-940-0428

Assemblyman Braunstein: 518-455-5425 or 718-357-3588

Assemblyman Byrne: 518-455-5783 or 845-278-2923

Assemblywoman Byrnes: 518-455-5662 or 585-218-0038

Assemblyman Cahill: 518-455-4436, or 845-338-9610

Assemblyman Cymbrowitz: 518-455-5214 or 718-743-4078

Assemblyman Dinowitz (Bill Sponsor): 518-455-5965 or 718-796-5345

Assemblywoman Galef: 518-455-5348 or 914-941-1111

Assemblywoman Gunther: 518-455-5355 or 845-794-5807 or 845-342-9304

Assemblyman Hevesi: 518-455-4926 or 718-263-5595

Assemblyman Jensen: 518-455-4664 or 585-225-4190

Assemblyman McDonald: 518-455-4474

Assemblyman McDonough: 518-455-4633 or 516-409-2070

Assemblywoman Miller: 518-455-3028 or 516-431-0500

Assemblywoman Paulin: 518-455-5585 or 914-723-1115

Assemblywoman Reyes: 518-455-5102 or 718-931-2620

Assemblyman Rosenthal: 518-455-4404 or 718-969-1508

Assemblywoman Rosenthal: 518-455-5802 or 212-873-6368

Assemblyman Salka: 518-455-4807 or 315-361-4125

Assemblyman Sayegh: 518-455-3662 or 914-779-8805

Assemblywoman Solages: 518-455-4465 or 516-599-2972

Assemblyman Steck (Bill Co-Sponsor): 518-455-5931 or 518-377-0902

EMAIL: [GottfriedR@nyassembly.gov](mailto:GottfriedR@nyassembly.gov); [abinantit@nyassembly.gov](mailto:abinantit@nyassembly.gov);  
[ashbyj@nyassembly.gov](mailto:ashbyj@nyassembly.gov); [barronc@nyassembly.gov](mailto:barronc@nyassembly.gov); [bichotter@nyassembly.gov](mailto:bichotter@nyassembly.gov);  
[braunsteine@nyassembly.gov](mailto:braunsteine@nyassembly.gov); [ByrneK@nyassembly.gov](mailto:ByrneK@nyassembly.gov);

[byrnesm@nyassembly.gov](mailto:byrnesm@nyassembly.gov); [CahillK@nyassembly.gov](mailto:CahillK@nyassembly.gov); [CymbroS@nyassembly.gov](mailto:CymbroS@nyassembly.gov);  
[DinowiJ@nyassembly.gov](mailto:DinowiJ@nyassembly.gov); [GalefS@nyassembly.gov](mailto:GalefS@nyassembly.gov); [GuntheA@nyassembly.gov](mailto:GuntheA@nyassembly.gov);  
[HevesiA@nyassembly.gov](mailto:HevesiA@nyassembly.gov); [jensenj@nyassembly.gov](mailto:jensenj@nyassembly.gov); [McDonaldJ@nyassembly.gov](mailto:McDonaldJ@nyassembly.gov);  
[mcdonoughd@nyassembly.gov](mailto:mcdonoughd@nyassembly.gov); [MillerML@nyassembly.gov](mailto:MillerML@nyassembly.gov);  
[PaulinA@nyassembly.gov](mailto:PaulinA@nyassembly.gov); [reyesk@nyassembly.gov](mailto:reyesk@nyassembly.gov); [rosenthald@nyassembly.gov](mailto:rosenthald@nyassembly.gov);  
[RosentL@nyassembly.gov](mailto:RosentL@nyassembly.gov); [salkaj@nyassembly.gov](mailto:salkaj@nyassembly.gov); [sayeghn@nyassembly.gov](mailto:sayeghn@nyassembly.gov);  
[SolagesM@nyassembly.gov](mailto:SolagesM@nyassembly.gov); [SteckP@nyassembly.gov](mailto:SteckP@nyassembly.gov)

3. Please share this email with family and friends, or you can tell them to go to <http://NVICAdvocacy.org> and click on the alert for New York A8378.

4. Sign up to get NVIC's New York "Heads Up" text alerts by texting "New York" to 202-618-5488.

5. Login to the NVIC Advocacy Portal OFTEN to check for updates. <http://NVICAdvocacy.org>. We review bills and make updates daily. Bills can change many times over the legislative process and your timely visits, calls, and emails directed at the correct legislators are critical to this process.

**TALKING POINTS** (Personalize to share how this bill affects you and your family):

STRONGLY OPPOSE A8378 which requires children to be vaccinated with the COVID-19 vaccine.

Because New York families lost the ability to request religious exemptions from vaccine mandates in 2019, this bill, if passed, would force vaccination of their child even if this goes against their religious beliefs.

The risk of children dying from COVID-19 is very low. One summary consisting of public health data from 45 states, New York City, Puerto Rico, and Guam indicated that only 0.00%-0.03% of COVID-19 cases in children resulted in death as of November 11th, 2021. CDC data shows that four different age groups of children (0-4 years, 5-11 years, 12-15 years, and 16-17 years) each account for less than 0.1% of the total percentage of COVID-19 deaths in the nation. The COVID-19 vaccine has been approved for use on all children, even though certain populations were excluded from clinical trials for the COVID-19 vaccine.

Young adults and teens (especially males) vaccinated against COVID-19 have been shown to have a higher risk for myocarditis (heart inflammation) than other populations. There has simply not been enough time to see what the risks of myocarditis and other potentially serious side effects of the vaccine are for younger children.

A briefing document for the FDA's Vaccines and Related Biological Products Advisory Committee (VRBPAC) states on page 11 that "The number of participants in the current clinical development program is too small to detect any potential risks of myocarditis associated with vaccination." The document goes on to say the long-term safety of the COVID-19 vaccine in children 5-12 years of age will be evaluated in additional studies, including a 5-year follow-up study. The FDA approved a formulaic change to the vaccine, containing an ingredient which the FDA states will make the vaccine easier to store. Some have noted that this ingredient, tromethamine, is also used to stabilize individuals after experiencing cardiac arrest.

There is no need to mandate this vaccine, because it is already available to anyone who wants it.

Children should not be exposed to the risk of the vaccine in order to protect others because It is well documented that vaccinated people still contract and spread COVID-19.



**ACTION ALERT!**

## **Click To Tell Your Senator To Vote No On The Federal Tracking System | Stand for Health Freedom**

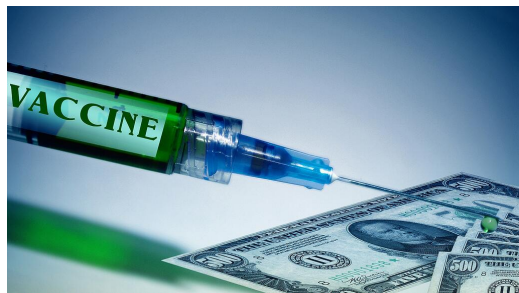
**As of today, this bill seems to be active....**

Congressional bill [H.R.550 \(Immunization Infrastructure Modernization Act of 2021\)](#) paves the way for state and local health departments, as well as public and private health care providers, **to share personal health data with the federal government.** The bill has hundreds of millions of taxpayer dollars allocated to the tracking system's success.

**Read More and Click Here to Register Your Objection**

<https://standforhealthfreedom.com/action/you-are-not-sale/>

## **COVID-19 VACCINE**



**Over 100,000 Reports of Psychiatric Disorders After COVID Vaccination**

<https://www.lifesitenews.com/news/over-100000-reports-psychiatric-disorders-after-covid-vaccination/>

**Informed Collusion: Enabling Mass Injections of Children**

[https://coronawise.substack.com/p/informed-collusion?](https://coronawise.substack.com/p/informed-collusion?r=f1fx8&utm_campaign=post&utm_medium=web&utm_source=email)

[r=f1fx8&utm\\_campaign=post&utm\\_medium=web&utm\\_source=email](https://coronawise.substack.com/p/informed-collusion?r=f1fx8&utm_campaign=post&utm_medium=web&utm_source=email)

**Vermont had 71% of Their Entire Population Vaccinated by June 1, 2021!  
That's 83% of Their Adult Population, Yet They are Seeing the Most  
Excess Deaths Now Since the Pandemic!**

<https://twitter.com/USMortality/status/1463566908196802561>

**Japan Places Myocarditis Warning on 'Vaccines' - Requires Informed  
Consent**

<https://rairfoundation.com/alert-japan-places-myocarditis-warning-on-vaccines-requires-informed-consent/>

### **Registered Nurse Suffers Pericarditis from Pfizer Shot – Put in Hospital Section for Vaccine Injured as She was 7th Patient Admitted That Day for Heart Issues Following COVID Shots**

<https://vaccineimpact.com/2021/registered-nurse-suffers-pericarditis-from-pfizer-shot-put-in-hospital-section-for-vaccine-injured-as-she-was-7th-patient-admitted-that-day-for-heart-issues-following-covid-shots/>

### **‘We are Human Guinea Pigs’ – Alarming Casualty Rates for mRNA Vaccines Warrant Urgent Action**

<https://21stcenturywire.com/2021/12/06/we-are-human-guinea-pigs-alarming-casualty-rates-for-mrna-vaccines-warrant-urgent-action/>

### **326 Athlete Cardiac Arrests, Serious Issues, 183 Dead, After COVID Shot - Real Science**

<https://goodsciencing.com/covid/71-athletes-suffer-cardiac-arrest-26-die-after-covid-shot/>

### **COVID Vaccine Data**

<https://openvaers.com/covid-data>

### **Baby of ‘Fully Vaccinated’ Mom Dies After Born Bleeding From Mouth, Nose: VAERS Report**

<https://www.lifesitenews.com/news/baby-of-fully-vaccinated-mom-dies-after-being-born-bleeding-from-mouth-nose-vaers-report/>

### **Horowitz: Pfizer Vaccine Injury Data Ordered Released by Judge Shows Shocking Risk Level**

<https://www.theblaze.com/op-ed/horowitz-pfizer-vaccine-injury-data-ordered-released-by-judge-shows-shocking-risk-level>

### **Pfizer Says Fourth COVID Shot May Be Needed, Fauci Talks About Annual Shots**

<https://thevaccinereaction.org/2021/12/pfizer-says-fourth-covid-shot-may-be-needed-fauci-talks-about-annual-shots/>

## COVID-19



### **Omicron Found Mostly in Vaccinated Americans So Far**

<https://thevaccinereaction.org/2021/12/omicron-found-mostly-in-vaccinated-americans-so-far/>

### **Must We Segregate the Unvaccinated from the Vaccinated?**

<https://brownstone.org/articles/must-we-segregate-the-unvaccinated-from-the-vaccinated/>

### **America's Frontline Doctors Vow to Open Its Own Clinics and Invites Medical Staff and Pharmacists to Join Them**

<https://www.thegatewaypundit.com/2021/12/americas-frontline-doctors-vows-open-clinics-invites-medical-staff-pharmacists-join/>

### **Brett Wilcox: This is What We're Teaching Our Children**

<https://runningthecountry.com/brett-wilcox-this-is-what-were-teaching-our-children/#.YazPqSo8KhA>

### **Love, Not Fear, Will Get Us Through This Crisis**

[https://thevaccinereaction.org/2021/12/love-not-fear-will-get-us-through-this-crisis/?utm\\_medium=email&hsmi=2&utm\\_content=2&utm\\_source=hs\\_email#](https://thevaccinereaction.org/2021/12/love-not-fear-will-get-us-through-this-crisis/?utm_medium=email&hsmi=2&utm_content=2&utm_source=hs_email#)

## PUSHBACK & THE FIGHT FOR FREEDOM



### **'Compulsory COVID-19 Vaccines are Terrifying' Says German Analyst**

<https://thevaccinereaction.org/2021/12/compulsory-covid-19-vaccines-are-terrifying-says-german-analyst/>

### **Federal COVID Vaccine Mandates Blocked by Several U.S. Courts**

<https://thevaccinereaction.org/2021/12/federal-covid-vaccine-mandates-blocked-by-several-u-s-courts/>

## **ABOUT DR PALEVSKY**

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, NYC, from 1990-1991. Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.





Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association. He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm. Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.

For more information, or to contact Dr. Palevsky go to: [www.drpalevsky.com](http://www.drpalevsky.com)

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**DR PALEVSKY'S HOLISTIC CHILD HEALTH**  
**MAILING LIST**

HCH will never share your information with any third parties.

Thank You for subscribing to the  
Holistic Child Health Newsletter.

If you would like to contact us, please feel free to do so.  
We are happy to hear from you.

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For all other Inquiries: [info@drpalevsky.com](mailto:info@drpalevsky.com)

[www.drpalevsky.com](http://www.drpalevsky.com)

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